

Advanced Leadership Programs

Bronze Star

Prerequisite: 8+ Years (recommended)

Bronze Star is an excellent preparation for success in Bronze Medallion. Participants develop problem solving and decision making skills. The participants learn CPR and develop Water Smart confidence and lifesaving skills.

Fee: \$66.00 Including GST

January 31-March 21	12:30-2:00 pm	Code: 14452
August 3-12	10:00-11:30am	Code: 14453

Bronze Medallion/Bronze Cross

Prerequisite: Completion of Bronze Star or 13+ years

Students develop lifesaving and leadership skills and learn the principles of emergency procedures and teamwork. Students will also improve their swimming efficiency and endurance over increased distances.

March 29-April 1	9:00-4:30pm	Code: 14222 (14225)
July 5-15	9:00-2:00pm	Code: 14223 (14226)
September 14-November 4	4:30-6:30pm	Code: 14224 (14227)

Fee: \$252.00 plus course materials (GST will be added for participants 16+ yrs)

National Lifeguard Service (NLS)

Prerequisite: 16+ Years, Bronze Cross & Current Standard First Aid

NLS builds on the knowledge and values taught in the Lifesaving awards to develop the practical skills and knowledge required by lifeguards. NLS education is designed to develop a sound understanding of lifeguard principles, good judgment and a mature responsible attitude towards the role of a lifeguard.

May 14-30	9:00-5:00pm	Code: 14463
August 23-27	9:00-5:00pm	Code: 14464
December 20-30	11:00-4:00pm	Code: 14465

Fee: \$234.75 Including materials and GST

NLS/AEC Recertification

April 25	8:00-3:00pm	Code: 14461
October 24	8:00-3:00pm	Code: 14462

Fee: \$80.00 Including GST

Assistant Water Safety Instructor (AWSI)

Pre-Requisite: Swim Kids 10 and 15+ Years

Introduces candidates to the foundation of instructional skills by focusing on the theoretical knowledge that supports learning and teaching methods, styles, physical principles, progressions, communication, safety supervision and feedback. Candidates are provided the opportunity to demonstrate and be evaluated on their understanding of skills and knowledge through an 8 hour practical teaching experiences and hands-on assignments.

March 6-14	9:00-4:30pm	Code: 14210
July 19-23	9:00-3:00pm	Code: 14211
September 11-19	9:00-4:30pm	Code: 14212

Fee: \$210.00 Including materials and GST

Aquatic Emergency Care (AEC) & O2 Administration

AEC is a standard First Aid course which teaches the care of injuries and illness common to pool and waterfront situations. Emphasis is placed on vital signs, priority assessment and basic emergency care principles. This course includes certification in CPR Level C, O2 Administration and AED.

May 1-2	8:00-6:00pm	Code: 14207
July 26-29	9:00-2:00pm	Code: 14208
November 20-21	8:00-6:00pm	Code: 14209

Fee: \$200.00 Including materials and GST

Water Safety Instructor (WSI)

Pre-Requisite: Assistant Water Safety Instructor and 16+ Years

This course prepares candidates to instruct the Water Safety Program. Candidates experience, analyze and apply the Red Cross Swim program curriculum. This Program requires candidates to successfully complete 12 hours of practice teaching to obtain certification.

April 10-18	9:00-4:30pm	Code: 14968
August 16-20	9:00-3:00pm	Code: 14969
November 8-12	9:00-4:30pm	Code: 14970

Fee: \$195.00 Including materials and GST

Recertification

April 24	9:00-1:00pm	Code: 14971
November 28	8:00-12:00pm	Code: 14973

Fee: \$60.00 Including GST