

SPRING/SUMMER 2025

LEISURE

GUIDE



SPRING PROGRAM
REGISTRATION DATES

Recreation & Culture
March 11 • 8:00 am

Harbour Pool
March 12 • 8:00 am



SUMMER PROGRAM
REGISTRATION DATES

Recreation & Culture
March 11 • 8:00 am

Harbour Pool
June 11 • 8:00 am



CITY OF
FORT SASKATCHEWAN
ALBERTA

fortsask.ca/GoLeisure

SPRING/SUMMER 2025

DROP-IN

SCHEDULES



CITY OF
FORT SASKATCHEWAN
ALBERTA

DCC and Harbour Pool
DROP-IN Schedules are now separate!

CLICK HERE

to view the Drop-in Schedules

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DOW CENTENNIAL CENTRE (DCC)

8700 84 STREET

Mon to Thu: 5:30 am - 10:00 pm

Fri: 5:30 am - 9:00 pm

Sat: 6:30 am - 8:00 pm

Sun: 8:00 am - 8:00 pm

STAT Holidays: 10:00 am - 6:00 pm

CLOSED: Jan 1, Jul 1, Sep 30, Dec 25 & 26

Call us: 780.992.6400

@DowCentennialCentre

fortsask.ca/DCC



FORT HERITAGE PRECINCT

10006 100 AVENUE

Sep to May long weekend:

Mon to Fri: 10:00 am - 4:00 pm

May long weekend to Sep:

Mon to Sat: 10:00 am - 4:00 pm

Call us: 780.998.1783

@fortheritageprecinct

fortheritageprecinct.ca



HARBOUR POOL

10001 94 AVENUE

Mon to Thu: 6:00 am - 10:00 pm

Fri: 6:00 am - 9:00 pm

Sat: 2:00 - 7:00 pm

Sun: 2:00 - 9:00 pm

STAT Holidays: 1:30 - 4:30 pm

CLOSED: Jan 1, Jul 1, Sep 30, Dec 25 & 26

Call us: 780.992.6162

@FSHarbourPool

fortsask.ca/Swim



SHELL THEATRE

8700 84 STREET

Mon to Fri: 8:00 am - 8:00 pm

Sat & Sun: 9:00 am - 5:00 pm

The Shell Theatre box office will be open one hour prior to performances.

CLOSED: Jan 1, Jul 1, Sep 30, Dec 25 & 26

Call us: 780.992.6400

@shelltheatre

shelltheatre.ca



If you or someone you know require accessible and adaptive programming, please call one of our facilities to speak to the program coordinator to determine a program that will be right for you.

Admission Rates

EFFECTIVE JANUARY 2, 2025 Prices are subject to change without notice.

	TOTS UNDER 2	CHILD 2 - 12 YEARS	YOUTH 13 - 17 YEARS	STUDENT 18+ & ID	ADULT 18 - 64 YEARS	SENIOR 65+	FAMILY*
DOW CENTENNIAL CENTRE							
Single Day	FREE	\$5.50	\$6.50	\$8.50	\$10.00	\$8.50	\$27.50
10-Pass Card	FREE	\$49.50	\$58.50	\$76.50	\$90.00	\$76.50	\$247.50
Monthly Pass	FREE	\$33.00	\$39.00	\$51.00	\$60.00	\$51.00	\$165.00
Annual Pass	FREE	\$363.00	\$429.00	\$561.00	\$660.00	\$561.00	\$1,815.00
TRACK ONLY							
Single Day	FREE	\$3.00	\$3.00	\$3.00	\$3.00	\$2.00	N/A
Monthly Pass	FREE	\$24.75	\$24.75	\$24.75	\$24.75	\$16.00	N/A
HARBOUR POOL							
Single Day	FREE	\$4.75	\$6.25	\$6.25	\$8.00	\$6.25	\$23.00
10-Pass Card	FREE	\$42.50	\$56.50	\$56.50	\$72.00	\$56.50	\$207.00
Monthly Pass	FREE	\$33.25	\$43.75	\$43.75	\$56.00	\$43.75	\$161.00
Annual Pass	FREE	\$332.50	\$437.50	\$437.50	\$560.00	\$437.50	\$1,605.00
Aqua Single Day	N/A	N/A	\$7.75	\$7.75	\$9.50	\$7.75	N/A
Aqua 10-Pass Card	N/A	N/A	\$69.80	\$69.80	\$85.50	\$69.80	N/A
Aqua Monthly Pass	N/A	N/A	\$54.25	\$54.25	\$66.50	\$54.25	N/A
Aqua Annual Pass	N/A	N/A	\$542.50	\$542.50	\$665.50	\$542.50	N/A
MULTI-FACILITY PASS							
Single Day	FREE	N/A	N/A	N/A	N/A	N/A	\$28.50
10-Pass Card	FREE	N/A	N/A	N/A	N/A	N/A	\$256.50
Monthly Pass	FREE	\$41.00	\$51.00	\$59.00	\$72.00	\$59.00	\$171.00
Annual Pass	FREE	\$451.00	\$561.00	\$649.00	\$792.00	\$649.00	\$1,881.00
MULTI-FACILITY USE AND ACCESS TO AQUASIZE CLASSES							
Aqua Monthly Pass	N/A	N/A	\$71.25	\$71.25	\$90.00	\$71.25	N/A
Aqua Annual Pass	N/A	N/A	\$783.75	\$783.75	\$1,021.50	\$783.75	N/A

*Two adults and unlimited children, under 18, living in the same home.

FLEX PASS	HARBOUR POOL		DOW CENTENNIAL CENTRE		MULTI-FACILITY PASS	
	Monthly	Annual	Monthly	Annual	Monthly	Annual
First Adult	\$56.00	\$560.00	\$60.00	\$660.00	\$72.00	\$792.00
Second Adult	\$47.50	\$475.00	\$51.00	\$561.00	\$61.25	\$572.25
Child (Added with adult)	\$28.25	\$282.50	\$28.00	\$308.50	\$34.75	\$325.75
Youth (Added with adult)	\$37.25	\$372.50	\$33.25	\$364.50	\$43.25	\$405.25
First Senior/ Student	\$43.75	\$437.50	\$51.00	\$561.00	\$59.00	\$649.00
Second Senior/ Student	\$37.25	\$372.50	\$43.50	\$476.75	\$50.25	\$469.00



Questions / Cancellations / Withdrawals

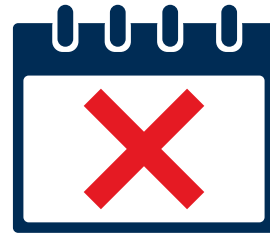


Register ASAP!

We value your participation in our programs and want to ensure a positive experience for all. Unforeseen circumstances can sometimes result in program cancellations; in order to prevent any disappointment, we highly encourage registering as soon as possible.

Decisions regarding program viability are made one week prior to the scheduled start date. Your prompt registration plays a crucial role in the overall success of the program. Please be aware that each program must meet a minimum registration threshold to proceed.

In the event of a cancellation, participants will receive a full refund, and we commit to providing a minimum of seven days' notice.



WITHDRAWING FROM A PROGRAM?

We aim to streamline and provide you flexibility within our withdrawal process to further assist you. Here's a breakdown of our withdrawal policy:

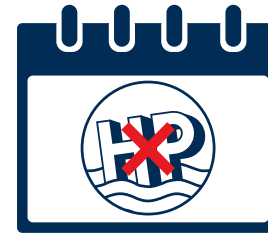
Transfer Without Fees: If space is available, you can seamlessly transfer to another course without incurring an administration fee.

Early Notice (Seven or More Days Before): No penalty will be assessed if the withdrawal request is made seven or more days before the class starts. However, funds will be credited to your account for future use with the City.

Short Notice (Less Than Seven Days): If the request is within seven days of the class start, a \$5 administrative fee will apply, and the remaining funds will be credited to your account for future use with the City.

Post-Start Date (Up to the End of the Second Class): After the course has begun, a \$10 administrative fee will apply, and a prorated credit will be issued to your account until the end of the second class. No funds will be returned after the second class.

Medical Withdrawal: In case of withdrawal for medical reasons, the fee is waived with a provided doctor's note. A refund will be issued upon request.



Leadership Program Withdrawal Policy at Harbour Pool

Considering withdrawing from our Leadership Program at Harbour Pool? Here's a breakdown of our withdrawal policy:

Early Notice (Seven or More Days Before): If the withdrawal request is made seven or more days before the class starts, a \$10 administrative fee will apply. Funds will be returned in the same form in which they were paid or placed as a credit on the account for future use with the City.

Short Notice (Less Than Seven Days): If less than seven days' notice is given, no funds will be returned. This policy is in place because we require a minimum registration for these programs to run, and the decision to run the program is made one week prior to the course start date.

We appreciate your understanding and cooperation with our withdrawal process, and we aim to provide clear and fair guidelines for all participants in our Leadership Program at Harbour Pool.



Are you registered in the correct swim level?

To ensure accuracy, Harbour Pool staff will verify pre-registered courses and confirm your swim level. Prior to the first day of lessons, our staff will reach out to confirm your lesson history. If you are registered in the incorrect level, you will be withdrawn from the current level and offered the appropriate one if available.

If you find yourself uncertain about which level to register for, don't hesitate to reach out to our Customer Service team at 780.992.6162 for guidance. We're here to help you make the most informed registration decisions for an enjoyable and successful swimming experience.

Register ASAP (as soon as possible)!

City Special Events

EVENT	DATE	TIME	WEBSITE
LEGACY PARK FAMILY FESTIVAL	Sat Jun 7, 2025	11:00 am - 4:00 pm	fortsask.ca/FamilyFestival
CANADA DAY	Tue, Jul 1, 2025	8:00 am - 11:00 pm	fortsask.ca/CanadaDay
MOVIE UNDER THE STARS	Friday, August 15, 2025	7:00 - 11:00 pm	fortsask.ca/Movie

*Events planned, organized, and executed by the City of Fort Saskatchewan.

If you or your organization is interested in volunteering for city events,
 visit fortsask.ca/Events or email specialevents@fortsask.ca



Age Guidelines DOW CENTENNIAL CENTRE

<p>Nutrien Soccerfield, ATCO Gymnasium & Connect Hearing Peek-Caboose Station</p>	<p>Children seven years and younger must be accompanied by a responsible person 14 years of age or older.</p>	
<p>Apple Fitness Centre & ATB Wellness Studio</p>	<p>Full Access Ages 15 years and older allowed without Adult supervision. 12 - 14 years must be accompanied and be under direct supervision of an adult. 12 - 14 years old who completed ONE & DONE allowed without adult supervision. (see page 13). 12 - 14 years old that have not completed ONE & DONE must be accompanied and be within arms reach of an adult. NO ACCESS for 11 years and younger.</p>	
<p>Fitness Classes</p>	<p>Ages 15 years and older allowed without Adult supervision. 12 - 14 years old who completed ONE & DONE allowed without adult supervision. 12 - 14 years old that have not completed ONE & DONE must be accompanied and be within arms reach of an adult. NO ACCESS for 11 years and younger, exception for Youth & Family Specific classes.</p>	
<p>Umicore Track</p>	<p>Children seven years and younger must be accompanied by a responsible person 14 years of age or older and be within arms reach.</p>	
<p>Skating</p>	<p>Preschool Puck and Play – Seven years & Younger Children seven years and under must be actively supervised by a responsible person 14 years of age or older; may be on the ice or in the player’s box for supervision. An opportunity for unstructured play/skill development with pucks. Designed to enable families the opportunity to work on passing, puck control, and skating.</p> <p>Stick and Puck – Eight years & Older An opportunity for unstructured play/skill development with pucks. CSA approved hockey helmet required. Hockey/ringette sticks & pucks/ rings are permitted.</p> <p>Family Skills & Drills – 14 years & Under Family Skills & Drills is open to the entire family, with children 14 years and under. Children seven years and younger must be accompanied on the ice by a responsible person 14 years of age or older. Designed to enable families the opportunity to work on passing, puck control, and skating. Organized shinny games or coaching are NOT allowed.</p>	<p>Child Shinny – 8 - 12 years Youth Shinny 13 - 17 years Adult Shinny 18 years & Older Shinny is an informal, non-contact type of hockey played on ice. There are no formal rules or specific positions. All players in attendance agree to the shinny and facility guidelines. All players must be able to participate at the appropriate level of play. Players can adjust their play or come at a different time. Body checking and slap shots are not allowed. All Participants MUST be fair to one another and allow everyone equal playing time. Full equipment is required, including hockey pants, a support cup, hockey gloves, shin/elbow/ shoulder pads, an ice hockey stick, and a CSA-approved hockey helmet.</p> <p>Public Skate A CSA-approved hockey helmet is required. Bike helmets are not allowed. Sticks and pucks are not allowed on the ice during Public Skate.</p> <p>Spontaneous Use – All ages An opportunity for unstructured skating/skill development with optional sticks and pucks permitted. CSA approved hockey helmet required. NO Shinny Games permitted.</p>

Auggies Place Childminding

DOW CENTENNIAL CENTRE

Newborn - 8 years

Auggies Place is a drop-in childcare service focused on providing quality care and a safe environment for children while parents/guardians are partaking in activities within the Dow Centennial Centre.

Our childcare team is certified in HIGH Five Training, Inclusive Play and Adapted Physical Activity training as well as Intermediate first aid.

All staff have undergone Criminal Record checks, and RCMP Vulnerable Sector checks.

 **SPRING HOURS** EFFECTIVE MARCH 31, 2025 *Hours subject to change seasonally*

MONDAY	8:30 am - 1:00 pm
TUESDAY	8:30 am - 1:00 pm & 4:00 - 7:00 pm
WEDNESDAY	8:30 am - 1:00 pm & 4:00 - 7:00 pm
THURSDAY	8:30 am - 1:00 pm & 4:00 - 7:00 pm
FRIDAY	8:30 am - 1:00 pm
SATURDAY	8:15 am - 12:15 pm
SUNDAY	9:00 am - 12:00 pm
HOLIDAYS	CLOSED

 **SUMMER HOURS** EFFECTIVE JUNE 29, 2025 *Hours subject to change seasonally*

MONDAY	8:30 am - 1:00 pm
TUESDAY	8:30 am - 1:00 pm
WEDNESDAY	8:30 am - 1:00 pm
THURSDAY	8:30 am - 1:00 pm
FRIDAY	8:30 am - 1:00 pm
SATURDAY	8:15 am - 12:15 pm
SUNDAY	CLOSED
HOLIDAYS	CLOSED



CHILDMINDING RATES

DROP IN DAILY ADMISSION (PER ½ HOUR)	FEE
Member Individual	\$4.00
Member Family	\$7.00
Non-Member Individual	\$9.00

FAMILY PUNCH PASS CARDS	FEE
Member Family 10-Hour Punch Pass	\$136.00
Member Family 20-Hour Punch Pass	\$272.00

INDIVIDUAL PUNCH PASS CARDS	FEE
Member 10-Hour Punch Pass	\$82.00
Member 20-Hour Punch Pass	\$164.00
Non-Member 10-Hour Punch Pass	\$171.00
Non-Member 20-Hour Punch Pass	\$342.00

General Fitness EFFECTIVE APRIL 6 – AUGUST 31

THE JOURNEY CONTINUES

Don't let your fitness journey plateau! Push your boundaries and bring your progress to new heights. No matter how big or small, we will be with you to celebrate all your milestones.

Kerrie M.
ATCO GYMNASIUM/ATB WELLNESS STUDIO

CODE	DATE	TIME	FEE
17497	Mon, Apr 7 - May 12	6:45 - 7:45 pm	\$77.50
<i>Omit Apr 21</i>			
17499	Thu, Apr 10 - May 15	6:45 - 7:45 pm	\$93.00
17498	Mon, May 26 - Jun 23	6:45 - 7:45 pm	\$77.50
17500	Thu, May 22 - Jun 26	6:45 - 7:45 pm	\$93.00

BARRE BURN

Dynamic sequences integrating elements of pilates, dance, and traditional fitness make this workout the complete package. Show off your increased strength, flexibility, and stamina as you let your inner ballerina shine!

Alli M.
ATB WELLNESS STUDIO

CODE	DATE	TIME	FEE
17526	Thu, Apr 10 - May 15	6:30 - 7:30 pm	\$60.00
17527	Thu, May 22 - Jun 26	6:30 - 7:30 pm	\$60.00
17528	Thu, Jul 10 - Jul 31	6:30 - 7:30 pm	\$40.00
17529	Thu, Aug 7 - Aug 28	6:30 - 7:30 pm	\$40.00



FIT CROSS FUSION

Take an hour out of your day to blast away some calories! Challenge your strength and conditioning in this high-intensity workout.

Kerrie M.
ATB WELLNESS STUDIO

CODE	DATE	TIME	FEE
17484	Sun, Apr 6 - May 11	9:00 - 10:00 am	\$60.00
17506	Tue, Apr 8 - May 13	6:45 - 7:45 pm	\$60.00
17485	Sun, May 18 - Jun 22	9:00 - 10:00 am	\$60.00
17507	Tue, May 20 - Jun 24	6:45 - 7:45 pm	\$60.00
17486	Sun, Jul 6 - Jul 27	9:00 - 10:00 am	\$40.00
17487	Sun, Aug 3 - Aug 24	9:00 - 10:00 am	\$40.00

POUND

Channel your inner rockstar with this full-body cardio jam session inspired by the infectious, sweat-dripping fun of playing the drums. Using Ripstix®, lightly weighted exercise drumsticks, torch calories and drum your way to a leaner, slimmer physique - all while rocking out to your favourite music!

Kerrie M.
ATCO GYMNASIUM B

CODE	DATE	TIME	FEE
17518	Wed, Apr 9 - May 14	6:00 - 7:00 pm	\$66.00
17519	Wed, May 21 - Jun 25	6:00 - 7:00 pm	\$66.00
17520	Wed, Jul 9 - Jul 30	6:00 - 7:00 pm	\$44.00
17521	Wed, Aug 6 - Aug 27	6:00 - 7:00 pm	\$44.00

POWER HOUR

Power up your routine with this full-body workout aimed at building your functional capacity for strength and endurance activities.

Patty M.
ATB Wellness Studio

CODE	DATE	TIME	FEE
17522	Wed, Apr 9 - May 14	6:15 - 7:15 pm	\$60.00
17523	Wed, May 21 - Jun 25	6:15 - 7:15 pm	\$60.00
17524	Wed, Jul 9 - Jul 30	6:15 - 7:15 pm	\$40.00
17525	Wed, Aug 6 - Aug 27	6:15 - 7:15 pm	\$40.00

OUTDOOR SUMMER SHAPE UP

Get ready to transform your body and boost your confidence with our Summer Shape Up fitness class! Perfect for all fitness levels, this class is designed to help you achieve your summer fitness goals through a combination of high-intensity workouts, strength training, and cardio exercises.

Vikki D.
Co-op Hill

CODE	DATE	TIME	FEE
17509	Tue, Jul 8 - Jul 29	6:00 - 7:00 pm	\$40.00
17510	Tue, Aug 5 - Aug 26	6:00 - 7:00 pm	\$40.00

Lindsay P.
Co-op Hill

CODE	DATE	TIME	FEE
17511	Thu, Jul 10 - Jul 31	6:00 - 7:00 pm	\$40.00
17512	Thu, Aug 7 - Aug 28	6:00 - 7:00 pm	\$40.00

ATHLETIC CARDIO

Suitable for all levels, you'll challenge yourself with dynamic movements that mimic athletic performance, helping you build strength and stamina. Join us for a fun, fast-paced workout that will leave you feeling energized and empowered. For additional fun, bring your teen/youth with you and do the class together!

Kerrie M.
ATCO GYMNASIUM

CODE	DATE	TIME	FEE
17513	Tue, Jul 8 - Jul 29	6:45 - 7:45 pm	\$40.00
17514	Tue, Aug 5 - Aug 26	6:45 - 7:45 pm	\$40.00

STROLLERISE

You don't have to miss your workout! Bring your baby along for all the drills, strength, cardio, and core training you can handle. Older children must be able to stay in the stroller.

Soccer A
Kerrie M.

CODE	DATE	TIME	FEE
17618	Wed Apr 9 - May 14	10:00 - 11:00 am	\$60.00
17619	Wed May 21 - Jun 26	10:00 - 11:00 am	\$60.00

MOVING 4 LIFE

A gentle muscular, strength, and endurance class, perfect for the beginner yet challenging enough for the active person. Using small equipment, the primary goals of this class are toning, strengthening, and increasing mobility. A great class for participants rehabilitating or living with mobility issues. Everyday living is made easier through exercise.

Sherry W.
AUX SABLE FLEXHALL

CODE	DATE	TIME	FEE
17501	Tue, Apr 8 - May 13	11:00 am - 12:00 pm	\$60.00
17530	Tue, May 20 - Jun 24	11:00 am - 12:00 pm	\$60.00
17533	Tue, Jul 8 - Jul 29	11:00 am - 12:00 pm	\$40.00
17534	Tue, Aug 5 - Aug 26	11:00 am - 12:00 pm	\$40.00

Sherry W.
AUX SABLE FLEXHALL

CODE	DATE	TIME	FEE
17531	Thu, Apr 10 - May 15	11:00 am - 12:00 pm	\$60.00
17532	Thu, May 22 - Jun 26	11:00 am - 12:00 pm	\$60.00

MS ACTIVE STRENGTH AND STRETCH

Exercise is recognized as an important part of the care plan for MS. The goal of exercise is to improve your overall health and help maintain function, your independence, and quality of life. This strength and stretch program can help you achieve your goals. Before beginning an exercise program, be sure to talk to your doctor.

Trina V.
PACSETER ROOM

CODE	DATE	TIME	FEE
17508	Wed, Apr 9 - Jun 25	1:00 - 2:00 pm	\$132.00



Cycle Classes

PURE RIDE

Nothing but you and the bike! This indoor cycling workout is a great no-impact option that will take your cardiovascular abilities to new heights.

Marie M.
APPLE FITNESS CENTRE

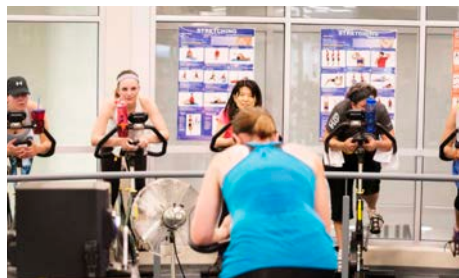
CODE	DATE	TIME	FEE
17495	Mon, Apr 7 - May 12	6:00 - 7:00 pm	\$55.00
<i>Omit Apr 21</i>			
17496	Mon, May 26 - Jun 23	6:00 - 7:00 pm	\$55.00

SPIN AND CORE

A great combination for the entire body! Get your heart pumping on the spin bike, then the off-bike component will complement the cycle training as you build your core.

Alli M.
APPLE FITNESS CENTRE

CODE	DATE	TIME	FEE
17502	Tue, Apr 8 - May 13	6:00 - 7:00 pm	\$66.00
17503	Tue, May 20 - Jun 24	6:00 - 7:00 pm	\$66.00
17504	Tue, Jul 8 - Jul 29	6:00 - 7:00 pm	\$44.00
17505	Tue, Aug 5 - Aug 26	6:00 - 7:00 pm	\$44.00



RECREATION & CULTURE Program Registration Date

SPRING & SUMMER March 11 • 8:00 am

Mind & Body

CHAIR YOGA

This class is applicable to everyone but especially geared to accommodate those recovering from an injury, surgery, or mobility issues. Come and learn how to use a simple chair to improve flexibility and strength, release tension, and calm the mind.

Candace W.
CITY HALL ROOM 1 AND 2

CODE	DATE	TIME	FEE
17494	Mon, Apr 7 - May 26	11:00 am - 12:00 pm	\$75.00
<i>Omit Apr 21 & May 19</i>			

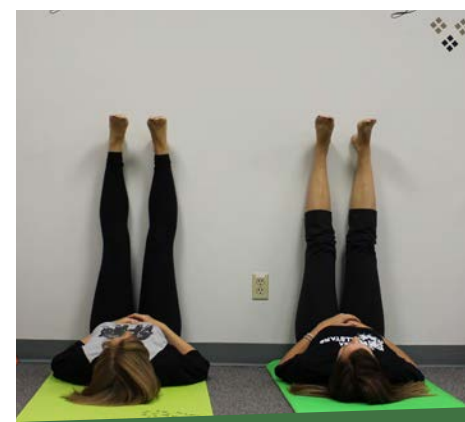


GENTLE YOGA

Encourage your body to slow down. We will enter postures gradually, layering movements and linking with breath. Balance, mobility, stability, and flexibility will be explored together, ending with time for relaxation. This class is both beginner-friendly and suitable for the more experienced who are looking for a gentler, mindful practice.

Mic M.
SCOTIA BANK ROOM

CODE	DATE	TIME	FEE
17489	Sun, Apr 6 - May 11	8:30 - 9:30 am	\$75.00
17490	Sun, May 18 - Jun 22	8:30 - 9:30 am	\$75.00



REALIGNMENT YOGA

This realignment class will address and correct misalignments in your shoulders, hips, knees, or ankles. Each week will work towards restoring your body to full mobility.

**Please bring a mat, strap and blanket.*

Candace W.
CITY HALL ROOM 1 AND 2

CODE	DATE	TIME	FEE
17491	Mon, Apr 7 - May 26	9:15 - 10:30 am	\$93.00
<i>Omit Apr 21 & May 19</i>			

Jill G.
CITY HALL ROOM 1 AND 2

CODE	DATE	TIME	FEE
17492	Wed, Apr 9 - May 14	5:30 - 6:45 pm	\$93.00
17493	Wed, May 21 - Jun 25	5:30 - 6:45 pm	\$93.00



Preschool and Child Programs

PARENTS NIGHT OFF

Parents/guardians, you deserve a night off, and we have you covered! Bring your kiddo for four hours of fun, games, activities, and making new friends all while you do what you need or simply what you want to do! Take the time to shop, have a date night, clean, take a nap or just relax!

Newborn - 9 years

Auggies Place

CODE	DATES	TIME	FEE
17460	Fri, Apr 11	4:30 - 8:30 pm	\$25.00
17461	Fri, May 9	4:30 - 8:30 pm	\$25.00
17462	Fri, Jun 13	4:30 - 8:30 pm	\$25.00
17615	Fri, Jul 18	4:30 - 8:30 pm	\$25.00
17616	Fri, Aug 15	4:30 - 8:30 pm	\$25.00

PRESCHOOL FUN, FITNESS, AND FRIENDS

Our Preschool programs focus on providing active fitness in our Nutrien Soccer Field, ATCO Gymnasium, AUX Sable Flexhall, unstructured free play, crafts, friendship building and a safe environment for children.

Auggies Place

2.5* - 5 years

*must be potty trained

CODE	DATES	TIME	FEE
17458	Mon, Apr 7 - Apr 28 <small>No class Apr 21</small>	1:30 - 3:30 pm	\$36.00
17459	Thu, Apr 3 - Apr 24	9:30 - 11:30 am	\$48.00
17463	Mon, May 5 - May 26 <small>No class May 19</small>	1:30 - 3:30 pm	\$36.00
17464	Thu, May 1 - May 29	9:30 - 11:30 am	\$60.00
17465	Mon, Jun 2 - Jun 23	1:30 - 3:30 pm	\$48.00
17466	Thu, Jun 5 - Jun 26	9:30 - 11:30 am	\$48.00

sportball MULTI-SPORT

If we asked one of our Sportball parents to dream up their child's ultimate class, it would probably look like our star program, Multi-Sport. Multi-Sport classes keep children moving and engaged and send them home with new skills from a different sport each class. These well-rounded classes provide an amazing foundation for a lifetime of active living, bundling soccer, baseball, basketball, football, hockey, volleyball, golf, and tennis into one comprehensive package. That's eight sports per season for one registration! All of our classes are Coached with Purpose using Sportball Methodology. All games, activities, and instructions have a purpose and expected outcome. We aim to build your child's confidence, competence, and Physical Literacy. Our programs target three key areas of childhood development, helping them build skills for life!



AGE	LOCATION	CODE	DATES	TIME	FEE
16 months - 2 years (Parented)	AUX SABLE FLEXHALL	17225	Sun, Apr 6 - Jun 22 <small>No class Apr 20 & May 18</small>	9:00 - 9:30 am	\$137.50
		17226	Sun, Apr 6 - Jun 22 <small>No class Apr 20 & May 18</small>	9:35 - 10:20 am	\$167.50
2 - 3.5 years (Parented)	AUX SABLE FLEXHALL	17227	Sun, Apr 6 - Jun 22 <small>No class Apr 20 & May 18</small>	10:25 - 11:10 am	\$167.50
		NUTRIEN SOCCER A	17220	Tue, Apr 1 - May 20	9:50 - 10:35 am
	AUX SABLE FLEXHALL	17222	Wed, Apr 2 - Jun 11	5:00 - 5:45 pm	\$184.25
3.5 - 5 years	AUX SABLE FLEXHALL	17228	Sun, Apr 6 - Jun 22 <small>No class Apr 20 & May 18</small>	11:15 am - 12:10 pm	\$167.50
		17223	Wed, Apr 2 - Jun 11	5:50 - 6:50 pm	\$184.25
	NUTRIEN SOCCER A	17221	Tue, Apr 1 - May 20	10:40 - 11:40 am	\$134.00
5 - 8 years	AUX SABLE FLEXHALL	17229	Sun, Apr 6 - Jun 22 <small>No class Apr 20 & May 18</small>	12:15 - 1:10 pm	\$167.50
		17224	Wed, Apr 2 - Jun 11	6:55 - 7:55 pm	\$184.25

Preschool and Child Programs

NEW! sportball T-BALL

Core memories are made on the baseball field, and T-Ball is the best way to start making those memories early on. Through Sportball methodology, T-Ball teaches children the fundamentals of movement while they have a ball playing the game.

Batting, throwing, catching, and more are all taught by trained coaches who spark their imaginations and inspire confidence both on and off the field. If your kid has dreams of being the next Babe Ruth but is a little too young for softball, this is a great way to get the ball rolling.

Ages 2 - 3.5 years (PARENTED)

NUTRIEN SOCCER A

CODE	DATE	TIME	FEE
17577	🌱 Thu May 8 - Jun 12	5:00 - 5:45 pm	\$100.50

Ages 3.5 - 5 years

NUTRIEN SOCCER A

CODE	DATE	TIME	FEE
17578	🌱 Thu May 8 - Jun 12	5:50 - 6:50 pm	\$100.50

Ages 5 - 8 years

NUTRIEN SOCCER A

CODE	DATE	TIME	FEE
17579	🌱 Thu May 8 - Jun 12	6:55 - 7:55 pm	\$100.50

sportball MULTI-SPORT CAMPS

Ready to start summer off on the right foot? Sign up your little athletes to join us! Our Sportstars campers get a week filled with some of their favourite sports and maybe even some new ones.

Our Multi-Sport Camp focuses on getting your Superstars active and doing what they love. Campers will spend the week taking on one or two new sports daily, developing and refining their skills while growing their self-efficacy and physical literacy, ensuring they come away with a love for activity! They'll take on each sport with fun and interactive games led by our amazing Sportball coaches while growing closer to the other campers as they work together as a team.

Days will be packed full of games and challenges, with time for the kiddos to foster their creative side through crafts and stories! Sportstars is a great opportunity for campers to stay active with sports while having fun every step of the way!

Considerations: depending on the day, Sportballers may be given the opportunity to bring certain items from home (swim trunks, nerf/water guns, etc.) in hopes of helping enhance the experience.

MINI SPORTSTARS!

Ages 3.5 - 5 years

ATCO Gymnasium

CODE	DATE	TIME	FEE
17537	☀️ Mon - Fri, Aug 11 - 15	9:30 am - 12:30 pm	\$165.00

SPORTSTARS!

Ages 5 - 8 years

ATCO Gymnasium

CODE	DATE	TIME	FEE
17538	☀️ Mon - Fri, Aug 11 - 15	1:00 - 4:00 pm	\$165.00



Youth Programs

LEVEL UP BASKETBALL PROGRAM

LEVEL UP Skill Developer camp is designed for athletes who want to learn more about the game and how to become impact players for their team. Our experienced LEVEL UP coaching staff will effectively introduce skills and teach players how to transfer them into gameplay. Athletes will be given a multitude of opportunities to hone skills through competitive games, which are designed to help players build their in-game IQ and decision making.

Ages 5 - 7 years

ATCO Gymnasium

CODE	DATE	TIME	FEE
17548	Thu, Apr 3 - May 1	5:00 - 5:55 pm	\$82.50

Ages 7 - 9 years

ATCO Gymnasium

CODE	DATE	TIME	FEE
17549	Thu, Apr 3 - May 1	6:00 - 6:55 pm	\$82.50

Ages 9 - 12 years

ATCO Gymnasium

CODE	DATE	TIME	FEE
17550	Thu, Apr 3 - May 1	6:55 - 7:55 pm	\$82.50

POWER UP! PROGRAM



Power Up is an educational program geared towards sport groups across Canada that focuses on building confidence in girls.

This program will incorporate a facilitator-led curriculum, games-focused activities, a practical component (a sport experience delivered by us), and strategies to help engage and promote long-term participation of girls in sport. During our sessions, we may play various sports in a fun, empowering, and caring environment. We aim to provide an atmosphere of acceptance, so girls are not afraid to try new things and gain the benefits of physical activity.

Ages 8 - 17 years

ATCO Gymnasium

CODE	DATE	TIME	FEE
17478	Wed, Apr 9 - May 14	7:00 - 8:30 pm	\$66.00
17479	Wed, May 21 - Jun 18	7:00 - 8:30 pm	\$55.00

GO SPORTS! Volleyball Alberta's Atomic 1

Ages 9 - 12 years No Prior Experience Required

ATCO Gymnasium

CODE	DATE	TIME	FEE
●	Tue, Apr 1 - May 27	5:00 - 6:30 pm	

GO Sport Atomic programs follow the curriculum set out in Volleyball Canada's Atomic Volleyball Program. Atomic Volleyball is an eight-week program with adapted rules for youth ages 9 - 12 years. Each session is 1.5 hours with every session being a combination of skills/technique practice and modified games play. Atomic Volleyball is part of the Long-Term Athlete Development Model Stage 2 "Learning to Train" that stresses FUN, FAIRPLAY, and PARTICIPATION by increasing the number of ball contacts. Register at: volleyballalberta.ca/go_sports_edmonton

ONE AND DONE FITNESS CENTRE ORIENTATION

This one-hour orientation is for youth who want to use the Apple Fitness Centre's weights and cable machines without parental supervision. A trainer will cover basic weightlifting tips, proper form, and safe use of cable machines.

Ages 12 - 14 years

Kerrie M

APPLE FITNESS CENTRE

CODE	DATE	TIME	FEE
17539	Sat, Apr 26	9:30 - 10:30 am	\$60.00
17540	Sat, May 24	9:30 - 10:30 am	\$60.00
17541	Sat, Jun 7	9:30 - 10:30 am	\$60.00
17542	Sat, Jul 19	9:30 - 10:30 am	\$60.00
17543	Sat, Aug 16	9:30 - 10:30 am	\$60.00



BABYSITTER'S TRAINING COURSE

AGES 11 - 15 years

This one-day, hands-on course will give students the tools to become St. John Ambulance-certified babysitters. In addition to learning basic first aid, they will learn how to engage with children, deal with temper tantrums, practice diaper changing, and prevent injuries. Please wear comfortable clothing, and bring a nut-free, non-heated lunch, snacks, drinks, a pen, and a baby-sized doll or stuffie.

SCOTIA BANK STUDIO

CODE	DATE	TIME	FEE
17476	Sat, May 10	9:00 am - 3:30 pm	\$84.00
17481	Tue, Aug 26	9:00 am - 3:30 pm	\$84.00

HOME ALONE PROGRAM

The Canada Safety Council Home Alone Program is designed to provide children 10 years of age and older with the necessary skills and knowledge to be safe and responsible when home alone for short periods of time. It will help them understand how to prevent problems, handle real-life situations, and keep them safe and constructively occupied.

The course material covers such topics as:

- Establishing a routine
- House Key is your responsibility
- Strangers
- Telephone
- Emergencies
- Basic First Aid
- Internet Safety

Ages 10 years and older

Lion's Pride

CODE	DATE	TIME	FEE
17477	Thu, May 8	5:30 pm - 8:30 pm	\$55.00

Scotia Bank Room

CODE	DATE	TIME	FEE
17480	Sat, Aug 23	9:00 am - 12:00 pm	\$55.00

Youth Programs

JUNIOR LEADERS PROGRAM

Spend your No School Day gaining hands-on experience and developing leadership skills while having FUN with children! After successfully attending three No School Days as a Junior Leader-in-Training (within one school calendar year), each Junior Leader-in-Training will be eligible for a letter of reference reflecting the total hours inputted, growth, and abilities demonstrated.

Ages 12 - 15 years

Scotia Bank Studio

CODE	DATE	TIME	FEE
17545	Fri, May 2	8:00 am - 4:30 pm	\$25.00
17546	Thu, Jun 26	8:00 am - 4:30 pm	\$25.00
17547	Fri, Jun 27	8:00 am - 4:30 pm	\$25.00

LEADERS IN TRAINING

Your Leader in Training (LIT) experience includes a training session and volunteer time in a summer program setting. You will be able to put your skills to work while committing to work as a LIT for a minimum of 35 consecutive hours (one full week of camp) in our awesome summer programs, which run through July and August. In addition to having fun and gaining valuable experience, you will be given feedback throughout the week to help build on your newfound skills, as well as receive a swag bag full of amazing goodies for each week you participate in our summer programs, a certificate for training you completed, and a reference letter.

Ages 12 - 15 years

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17467	Thu, Jun 26	9:00 am - 4:00 pm	\$50.00



JUNIOR GOLF CAMP

Fort Saskatchewan Golf & Curling Club offers a fun and safe environment for your young aspiring junior golfers. They will learn the game of golf through the full swing, short game, and putting, rules, etiquette, and finish with a few holes of golf.

Bring your own golf clubs. Hot dog and pop each day for lunch are included.

Ages 8 - 15 years

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17472	Mon - Wed, Jul 7 - 9	9:30 - 11:30 am	\$150.00
17473	Mon - Wed, Jul 14 - 16	9:30 - 11:30 am	\$150.00
17474	Mon - Wed, Jul 21 - 23	9:30 - 11:30 am	\$150.00
17475	Mon - Wed, Jul 28 - 30	9:30 - 11:30 am	\$150.00

LEVEL UP ATHLETIC BASKETBALL WEEK LONG CAMP

Ready for a great week of camp? This camp is for young players who want to learn more about the game and how to be an impact player for the teams they play on throughout the year. We will teach skills and work with players to transfer these skills into gameplay. We will be playing a lot of 3 on 3 this week. Your kids will level up their basketball skills, get tons of practice, make new friends, learn new drills to work on at home, and hopefully develop a lifelong love for this beautiful game.

Ages 6 - 10 years

ATCO Gymnasium

CODE	DATE	TIME	FEE
17536	Mon - Fri, Jul 7 - 11	9:00 am - 12:00 pm	\$165.00



LEVEL UP SOCCER WEEK LONG CAMP

They shoot they score! Level Up is so excited to get our campers shooting, dribbling and scoring during an amazing week of soccer camp. We are going to spend every day teaching your kids about the beautiful game of soccer and igniting a life long love for physical activity. We will work hard to develop their fundamentals and create fun game situations that will get them ready to join a team.

Ages 6 - 10 years

Nutrien Soccer Field

CODE	DATE	TIME	FEE
17559	Tue - Fri, Aug 5- 8	9:00 am - 12:00 pm	\$132.00



No School Fun Day Full Day Camps!

ONE DAY CAMPS!

Our No School Fun Day Full Day camps will have participants enjoying unstructured free play, making new friends, playing games, making crafts, and being active with special trips into the Nutrien Soccer field, AUX Sable Flexhall, and the ATCO Gymnasium. Each day we will be working on our dodging skills in our Nerf Adventures, discovering our inner scientist while creating experiments and burning off energy with our obstacle courses and bouncy castles!

NOTE: Please pack and label a nut-free lunch, water bottle, snacks, indoor shoes, and outdoor weather-appropriate clothing.

A waiver must be signed at the time of drop-off.

5 - 9 years

Scotia Bank Studio

CODE	DATE	TIME	FEE
17273	Fri, May 2	8:30 am - 4:30 pm	\$50.00
17274	Thu, Jun 26	8:30 am - 4:30 pm	\$50.00
17395	Fri, Jun 27	8:30 am - 4:30 pm	\$50.00

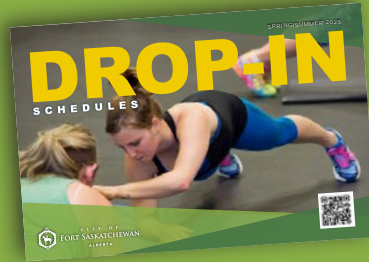
RECREATION & CULTURE Program Registration Date

🌱 SPRING & ☀️ SUMMER March 11 • 8:00 am





CLICK HERE to view the **DROP-IN SCHEDULE**



HARBOUR POOL Program Registration Dates
 🌿 **SPRING** March 12 ☀️ **SUMMER** JUNE 11



	EVENTS	DATE & TIME	SPONSOR
SPRING	Candyland Youth Swim	April 5, 7:00 - 9:00 pm	Call 780.992.6162 to sponsor this swim or other events.
	Easter Loonie Swim	April 19, 2:00 - 4:00 pm	Freson Bros.
	Mother's Day Potluck	May 8, 12 - 1:30 pm	Tim Hortons
	Mother's Day Swim	May 11, 2:00 - 8:00 pm	JJM Barristers and Solicitors
	Community Loonie Swim	May 24, 2:00 - 4:00 pm	Oscos Mudjacking & Construction Ltd
	Father's Day Swim	June 15, 2:00 - 8:00 pm	Titans Towing
	Community FREE Swim	June 21, 2:00 - 4:00 pm	Smiles from Spencer Foundation
	Out of School Bash Public Swim	June 27, 1:00 - 4:00 pm	Park Pest Control
SUMMER	Beach Day Public Swim	July 4, 1:00 - 4:00 pm	Majestic Chapter #126 Grand Chapter of Alberta - Order of Eastern Star
	Superhero Day Public Swim	July 11, 1:00 - 4:00 pm	City Law Offices
	Olympics Day Public Swim	July 18, 1:00 - 4:00 pm	Cameron Dental
	Water Safety Day Public Swim	July 25, 1:00 - 4:00 pm	Manderley Turf Products Inc.
	Space Explorer Day Public Swim	August 1, 1:00 - 4:00 pm	Robertson's Plumbing & Gasfitting
	Crafty Creatures Day Public Swim	August 8, 1:00 - 4:00 pm	City Law Offices
	Dino Day Public Swim	August 15, 1:00 - 4:00 pm	Call 780.992.6162 to sponsor this swim or other events.
	Back to School Bash Public Swim	August 22, 1:00 - 4:00 pm	Call 780.992.6162 to sponsor this swim or other events.

HARBOUR POOL RENTAL INFO

- Harbour Pool will be open 15 minutes prior to your rental time.
- All rental contracts must be signed and returned to Harbour Pool PRIOR to your rental.
- Changes or cancellations must be done 72 hours in advance of your rental. All cancellations have a \$5 administrative fee.
- Children 7 years and younger must be accompanied into the water by a responsible person 14 years of age or older and must be within arm's reach at ALL times.
- Lifejackets are available for use, sizes are subject to availability.
- A sink, microwave and fridge are available in the MPR for your convenience.
- Please refrain from any kind of sparkles and glitter during your MPR rental.
- No alcohol is permitted on the premises.
- All Harbour Pool rules apply to rentals.
- Full payment is required at time of booking.



PARTY PACKAGE	POOL ONLY	MULTI-PURPOSE ROOM (MPR)
\$321.00 (GST Included) • 2 hours in the Party Room • 1 hour in the Pool • Party hats and balloons • Pool inflatables	Based on number of patrons, (GST Included) 1 - 74 \$197.25 75 - 124 \$248.40 125 - 185 \$298.65 186 - 246 \$349.00 247 - 300 \$398.75	\$37.50 / HOUR (GST Included) MAX 34 people in the room

To become a sponsor, contact us at 780.992.6162 for more information.

Lifesaving Society Leadership Courses



ATTENDANCE FOR ALL PROGRAM DATES IS MANDATORY FOR COURSE COMPLETION.

JUNIOR LIFEGUARD CLUB (JLC)

Junior Lifeguard Club, combining each of the Canadian Swim Patrol programs together in club-based setting, providing enriched training for those who are ready to go beyond learn-to-swim. This program continues to develop participants' swim strokes and provide the skill foundation and endurance that prepares them for success in the Lifesaving Society's Bronze Medal awards.

CODE	DATE	TIME	FEE
16300	Fri, Apr 4 - Jun 20	4:30 - 6:30 pm	\$154.50

No class April 18 & May 16

16301	Sun, Apr 6 - Jun 22	12:00 - 2:00 pm	\$154.50
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No class April 20 & May 18

Prerequisite: Ability to swim 25m, tread water for 2-minutes and are comfortable in deep water.

LIFESAVING SOCIETY BRONZE MEDALLION / CPR-C

The Bronze Medallion tests judgment, knowledge, skill, and fitness for water rescues, teaching problem-solving and decision-making around water. CPR-C covers CPR skills for adults, children, and infants, including two-rescuer techniques and AED use.

CODE	DATE	TIME	FEE
16604*	Mon - Thu, Jul 7 - 10	9:00 am - 2:00 pm	\$201.07*

16605**			\$191.50**
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Over 15* / Under 15**

Prerequisite: Bronze Star OR 13+ years old

LIFESAVING SOCIETY INTERMEDIATE FIRST AID / AQUATIC EMERGENCY CARE / OXYGEN ADMINISTRATION

Intermediate First Aid CPR-C & AED provides comprehensive first aid training, covering all aspects of first aid, CPR, and AED use. Aquatic Emergency Care provides training specific to emergencies in an aquatic setting. Oxygen Administration provides knowledge and techniques for the use of oxygen as a supplement in an emergency care situation.

CODE	DATE	TIME	FEE
16773	Mon - Wed, Jul 14 - 16	9:00 am - 5:00 pm	\$225.00

Prerequisite: None

LIFESAVING SOCIETY BRONZE CROSS

Bronze Cross prepares candidates to assist lifeguards by building lifesaving skills and teaching active surveillance techniques in aquatic facilities. It emphasizes teamwork, communication, and emergency response. Candidates must complete a 400 m swim in 11 minutes or less. Bronze Cross is required for National Lifeguard and leadership training.

CODE	DATE	TIME	FEE
16602*	Mon - Thu, Jul 21 - 24	9:00 am - 2:00 pm	\$173.30*

16603**			\$165.00**
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Over 15* / Under 15**

Prerequisite: Current Intermediate First Aid CPR-C & AED award and successful completion of the Lifesaving Society Bronze Medallion award (need not be current).



LIFESAVING SOCIETY NATIONAL LIFEGUARD

National Lifeguard is Canada's standard for professional lifeguarding - the course builds on the fundamental skills, knowledge, fitness, judgment, and values taught in prerequisite courses. The course develops a sound understanding of lifeguarding principles, good judgment, and a mature and responsible attitude toward the role of the lifeguard.

CODE	DATE	TIME	FEE
16537	Fri - Sun, May 2 - 4 & 9 - 11	Fri, 5:00 - 9:00 pm	\$361.25

Sat/Sun, 9:00 am - 5:00 pm

16744	Mon - Fri, Jul 28 - Aug 1	9:00 am - 5:00 pm	\$361.25
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Prerequisite: 15 years old, Bronze Cross (need not be current) and current Intermediate First Aid CPR-C & AED award (or equivalent). Aquatic Emergency Care recommended, but not required.

LIFESAVING SOCIETY SWIM / LIFESAVING INSTRUCTOR

This dual certification course prepares candidates to teach and evaluate the swimming strokes and related skills found in the Lifesaving Society's Swim for Life and Canadian Swim Patrol programs, as well as Bronze Medal Awards. Candidates acquire proven teaching methods, planning skills, and a variety of stroke development drills and correction techniques. Harbour Pool offers an in-house apprenticeship program to candidates who successfully complete the course.

CODE	DATE	TIME	FEE
16547	Sat / Sun, May 17 - 18 & 24 - 25	8:00 am - 6:00 pm	\$463.50

16746	Mon - Fri, Aug 11 - 15	9:00 am - 5:00 pm	\$463.50
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Prerequisite: 15 years old, Bronze Cross (need not be current).

SWIMABILITIES® INSTRUCTOR

SwimAbilities® Instructors are responsible for teaching and evaluating candidates participating in the SwimAbilities® learn to swim program. The SwimAbilities® Instructor course prepares instructors to apply level 2 leadership competencies and strategies designed to teach candidates with special needs.

CODE	DATE	TIME	FEE
16745	Mon - Tue, Aug 18 - 19	Mon, 9:00 am - 5:00 pm	\$154.50

Tue, 1:00 - 5:00 pm

Prerequisite: Current Swim or Lifesaving Instructor

Additional Aquatic Programs

PRESCHOOL PLUNGE & PLAY

This unparented program combines physical creativity, art, music, stories, snacks and, of course, swimming. Each class includes a minimum half hour pool session.

Prerequisite: Three years of age, completely toilet trained, and able to dress themselves.

DAY	DATES	TIME	CODE	FEE	REGISTER
Mon	Mar 31 - May 5 No class April 21	9:00 - 11:30 am	16581	\$109.00	🟢
Mon	Mar 31 - May 5 No class April 21	12:30 - 3:00 pm	16583	\$109.00	🟢
Tue	Apr 1 - May 6	9:00 - 11:30 am	16538	\$130.80	🟢
Tue	Apr 1 - May 6	12:30 - 3:00 pm	16584	\$130.80	🟢
Wed	Apr 2 - May 7	9:00 - 11:30 am	16539	\$130.80	🟢
Wed	Apr 2 - May 7	12:30 - 3:00 pm	16585	\$130.80	🟢
Thu	Apr 3 - May 8	9:00 - 11:30 am	16540	\$130.80	🟢
Thu	Apr 3 - May 8	12:30 - 3:00 pm	16586	\$130.80	🟢
Fri	Apr 4 - May 9 No class April 18	9:00 - 11:30 am	16541	\$109.00	🟢
Fri	Apr 4 - May 9 No class April 18	12:30 - 3:00 pm	16587	\$109.00	🟢
Mon	May 12 - Jun 16 No class May 19	9:00 - 11:30 am	16588	\$109.00	🟢
Mon	May 12 - Jun 16 No class May 19	12:30 - 3:00 pm	16589	\$109.00	🟢
Tue	May 13 - Jun 17	9:00 - 11:30 am	16542	\$130.80	🟢
Tue	May 13 - Jun 17	12:30 - 3:00 pm	16590	\$130.80	🟢
Wed	May 14 - Jun 18	9:00 - 11:30 am	16543	\$130.80	🟢
Wed	May 14 - Jun 18	12:30 - 3:00 pm	16591	\$130.80	🟢
Thu	May 15 - Jun 19	9:00 - 11:30 am	16544	\$130.80	🟢
Thu	May 15 - Jun 19	12:30 - 3:00 pm	16592	\$130.80	🟢
Fri	May 16 - Jun 20	9:00 - 11:30 am	16545	\$130.80	🟢
Fri	May 16 - Jun 20	12:30 - 3:00 pm	16593	\$130.80	🟢

SWIMABILITIES®

CAREGIVER IN WATER PARTICIPATION REQUIRED.

SwimAbilities® is a learn-to-swim program geared for children aged 3 - 16 years with special needs, looking for an alternative to Swim for Life lessons. No formal diagnosis is needed! The child's caregiver is in the water to provide one-on-one focus while being under the direction of a certified instructor. SwimAbilities® assists children and their caregivers to accomplish goals surrounding safety, independence, and enjoyment in and around the water. Harbour Pool now offers designated times for SwimAbilities® classes when no other Swim for Life programs are occurring in the pool, to offer a safe and comfortable sensory experience for participants.

SWIMABILITIES® (8 AND UNDER)

DAY	DATES	TIME	CODE	FEE	REGISTER
Tue & Thu	Apr 1 - 24	4:00 - 4:45 pm	16383	\$70.00	🟢
Sat	Apr 5 - May 31 No class Apr 19 & May 17	9:00 - 9:45 am	16384	\$61.25	🟢
Tue & Thu	Apr 29 - May 22	4:00 - 4:45 pm	16385	\$70.00	🟢
Tue & Thu	May 27 - Jun 19	4:00 - 4:45 pm	16386	\$70.00	🟢
Tue & Thu	Aug 5 - 26	3:00 - 3:45 pm	16667	\$61.25	🟡

SWIMABILITIES® (16 AND UNDER)

DAY	DATES	TIME	CODE	FEE	REGISTER
Tue & Thu	Apr 1 - 24	4:00 - 4:45 pm	16379	\$70.00	🟢
Sat	Apr 5 - May 31 No class Apr 19 & May 17	9:00 - 9:45 am	16382	\$61.25	🟢
Tue & Thu	Apr 29 - May 22	4:00 - 4:45 pm	16380	\$70.00	🟢
Tue & Thu	May 27 - Jun 19	4:00 - 4:45 pm	16381	\$70.00	🟢
Tue & Thu	Aug 5 - 26	3:00 - 3:45 pm	16666	\$61.25	🟡

STROKE IMPROVEMENT

Stroke Improvement is intended for participants between the ages of 8 and 14 years who have completed Swimmer 6. However, individuals who have not completed Swimmer 6 who wish to improve their strokes are welcome to enroll. Candidates should come prepared to participate in a variety of stroke drills and swim upwards of 50 - 100 metres at a time.

DAY	DATES	TIME	CODE	FEE	REGISTER
Tue & Thu	Apr 1 - 24	4:50 - 5:35 pm	16377	\$70.00	🟢
Sat	Apr 5 - May 31 No class Apr 19 & May 17	11:00 - 11:45 am	16378	\$61.25	🟢
Tue & Thu	Jul 8 - 31	4:05 - 4:50 pm	16665	\$70.00	🟡
Mon - Thu	Jul 21 - 31	10:25 - 11:10 am	16664	\$70.00	🟡
Mon & Wed	Aug 6 - 27	4:05 - 4:50 pm	16757	\$61.25	🟡
Mon - Thu	Aug 18 - 27	9:00 - 9:45 am	16770	\$61.25	🟡

SWIM TO SURVIVE

Over the last 20 years in Alberta, on average, fatal drownings have increased 1.1% and emergency department visits have increased 0.6% annually. Swim to Survive is a survival training program that focuses on the skills needed to survive an unexpected fall into deep water. Learn to roll into deep water, tread water for one-minute, and swim 50 metres. This course is for all ages and abilities, and families are encouraged to enroll together! The program is adaptable to include skills and water safety teachings based on the abilities of participants.

DAY	DATES	TIME	CODE	FEE	REGISTER
Mon & Wed	May 26 - Jun 18	1:15 - 2:15 pm	16569	\$21.00	🟢
Sat	Jun 7 - 21	9:00 - 11:00 am	16548	\$15.75	🟢
Mon - Thu	Jul 7-17	9:15 - 10:15 am	16747	\$21.00	🟡



Lifesaving Society Swim For Life

Please note, if proof of completion for the previous level is not provided you may be withdrawn from the course. Please see page 4 for more information. Call Harbour Pool at 780.992.6162 if you are unsure of what level to register in for more information or to book a free swim placement.

LIFESAVING SOCIETY PARENT AND TOT PROGRAMS

PARENT AND TOT 1 (4 - 12 MONTHS)

Bring your tot here for their first introduction to swimming lessons! Tots will practice front floats, back floats, splashing, and kicking in the water, all while being assisted by an adult.

PARENT AND TOT 2 (12 - 24 MONTHS)

Tots will become familiar with using personal floatation devices, submerging their face in the water, blowing bubbles, front floats, back floats, and shallow water movement.

PARENT AND TOT 3 (24 - 36 MONTHS)

This is the last parented level before your tot learns to swim on their own! Tots will practice jump entries, building water confidence, floats, submersion, blowing bubbles, opening their eyes underwater, and kicking.

LIFESAVING SOCIETY PRESCHOOL

PROGRAMS (3 - 5 YEARS)

PRESCHOOL 1

This is the first level that is un - parented. Standards are all assisted by the instructor or a floatation device. Swimmers will practice blowing bubbles in the water, front floats, back floats, jump entry, face in the water, and safe shallow water movement.

PRESCHOOL 2

In this level, swimmers will become familiar with personal floatation devices (PFD), flutter kick, floats while wearing a PFD, and roll over glides while wearing a PFD. The use of the PFD and not the instructor for assistance will build your swimmer's confidence in the water and prepare them for Preschool 3!

PRESCHOOL 3

This level only has two PFD assisted items in it. All other items are completed by swimmers, all by themselves! They will practice flutter kick, front floats, back floats, waist - deep submersion, roll over glides, and jump entries.

PRESCHOOL 4

In Preschool 4, swimmers will learn and practice assisted treading water, chest-deep water submersion, floats, glides, front crawl, flutter kick on back, and object recovery in chest-deep water.

PRESCHOOL 5

In this level, swimmers will learn unassisted treading water, whip kick, front crawl, back crawl, and short interval training. If the swimmer is 5 years old or older when they pass Preschool 5, they may move onto Swimmer 2.

LIFESAVING SOCIETY SCHOOL - AGED PROGRAMS (5 - 14 YEARS)

SWIMMER 1

This is the starting level for anyone aged 5 - 14 who has not yet taken swimming lessons. In this level, swimmers will learn basic floats, glides, rolls, flutter kicks, front crawl, and basic aquatic safety items.

SWIMMER 2

This level is the next step for swimmers who have previously passed either Preschool 5 or Swimmer 1. Swimmer 2 focuses on getting comfortable in deep water as well as learning the basics of whip kick, front crawl, back crawl, and interval training.

SWIMMER 3

This level will cover new skills such as disorienting entries/movements, diving, and treading water without a PFD. Swimmers will also practice front crawl, back crawl, and interval training with increased difficulty.

SWIMMER 4

Front crawl and back crawl distances are now increased up to 25-metres. Swimmers will learn diving, swimming underwater, and the breaststroke arm technique.

SWIMMER 5

In this level, swimmers will learn eggbeater for treading water, breaststroke, and head - up front crawl. Swimmers will continue to practice interval training, as well as short sprints.

SWIMMER 6

The last swimmer level will teach swimmers strength and endurance. Swimmers will practice all swimming skills at the highest difficulty within this level. New skills include scissor kick, stride entry, sprint breaststroke and a 300-metre distance swim.

CANADIAN SWIM PATROL PROGRAMS (5 - 14 YEARS)

ROOKIE PATROL

In this program, swimmers will continue stroke development with 50-metre swims of front crawl, back crawl, and breaststroke. Lifesaving sport skills include a 25-metre obstacle swim and a 15-metre object carry. First aid focuses on assessment of conscious victims, contacting EMS and treatment for bleeding. Fitness skills will improve with 350-metre workouts and 100-metre timed sprints.

RANGER PATROL

In this program, swimmers will strengthen their strokes doing over 75-metre swims of each stroke. Lifesaving sport skills include a timed object support and rescue with a buoyant aid. First aid focuses on assessment of unconscious victims, treatment of victims in shock, and obstructed airway procedures.

STAR PATROL

In this program, swimmers are challenged with 600-metre workouts, 300-metre timed swims, and a 25-metre object carry. Strokes are refined over 100-metre swims. First aid focuses on treatment of bone and joint injuries and respiratory emergencies including asthma and allergic reactions. Lifesaving skills include defense methods, victim removals, and rolling over and supporting a victim face up in shallow water.

ADULT / TEEN SWIM PROGRAMS (14+ YEARS)

ADULT 1 (AGES 14+)

This level will help get you started on developing water confidence and swimming skills. Endurance training and activities based on your swimming level will increase your confidence to perform skills unassisted.











ADULT 2 / 3 (AGES 14+)

Build on your endurance, swimming front and back crawl and start to explore interval training and drills to help you master your newly developed swimming skills. Breaststroke and deep-water orientation/ entries are introduced.

Lifesaving Society Swim for Life

Please note, if proof of completion for the previous level is not provided you may be withdrawn from the course. Please see page 4 for more information.

PARENT & TOT 1 / 2

DAY	DATES	TIME	CODE	FEE	REGISTER
Mon & Wed	Mar 31 - Apr 23 <small>No class Apr 21</small>	5:05 - 5:35 pm	16305	\$54.25	
Tue & Thu	Apr 1 - 24	9:15 - 9:45 am	16307	\$62.00	
Sat	Apr 5 - May 31 <small>No class Apr 19 & May 17</small>	10:25 - 10:55 am	16306	\$54.25	
Tue & Thu	Apr 29 - May 22	9:30 - 10:00 am	16562	\$62.00	
Tue & Thu	Apr 29 - May 22	4:45 - 5:15 pm	16564	\$62.00	
Tue & Thu	May 27 - Jun 19	9:50 - 10:20 am	16571	\$62.00	
Tue & Thu	May 27 - Jun 19	6:30 - 7:00 pm	16578	\$62.00	
Mon - Thu	Jul 7 - 17	11:25 - 11:55 am	16610	\$62.00	
Mon & Wed	Jul 7 - 30	3:00 - 3:30 pm	16611	\$62.00	
Tue & Thu	Jul 8 - 31	3:50 - 4:20 pm	16612	\$62.00	
Mon - Thu	Aug 5 - 14	10:55 - 11:25 am	16609	\$54.25	
Mon & Wed	Aug 6 - 27	3:50 - 4:20 pm	16752	\$54.25	
Mon - Thu	Aug 18 - 27	10:40 - 11:10 am	16613	\$54.25	

PARENT & TOT 3

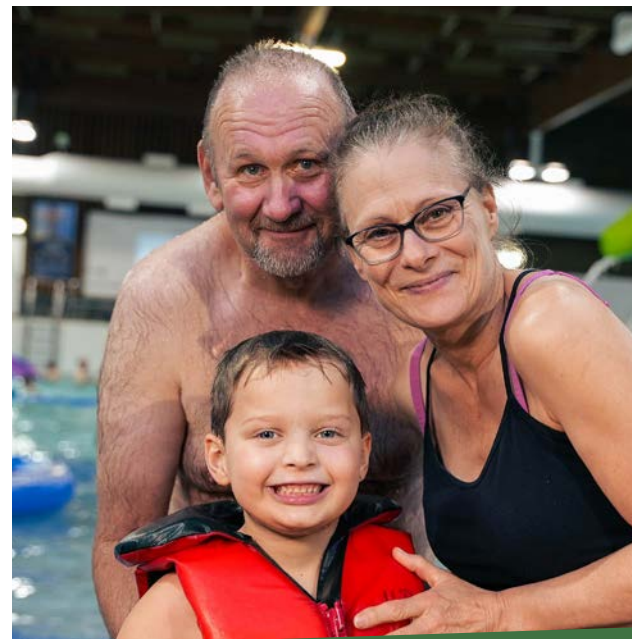
DAY	DATES	TIME	CODE	FEE	REGISTER
Mon & Wed	Mar 31 - Apr 23 <small>No class Apr 21</small>	4:30 - 5:00 pm	16313	\$54.25	
Tue & Thu	Apr 1 - Apr 24	10:00 - 10:30 am	16314	\$62.00	
Sat	Apr 5 - May 31 <small>No class Apr 19 & May 17</small>	11:00 - 11:30 am	16315	\$54.25	
Tues & Thu	Apr 29 - May 22	9:50 - 10:20 am	16563	\$62.00	
Tue & Thu	Apr 29 - May 22	6:35 - 7:05 pm	16567	\$62.00	
Tue & Thu	May 27 - Jun 19	9:00 - 9:30 am	16570	\$62.00	
Tue & Thu	May 27 - Jun 19	4:50 - 5:20 pm	16575	\$62.00	
Mon - Thu	Jul 7 - 17	9:35 - 10:05 am	16617	\$62.00	
Mon & Wed	Jul 7 - 30	4:25 - 4:55 pm	16618	\$62.00	
Tue & Thu	Jul 8 - 31	3:00 - 3:30 pm	16750	\$62.00	
Mon - Thu	Aug 5 - 14	9:35 - 10:05 am	16619	\$54.25	
Mon & Wed	Aug 6 - 27	3:00 - 3:30 pm	16751	\$54.25	
Mon - Thu	Aug 18 - 27	10:45 - 11:15 am	16620	\$54.25	

PRESCHOOL 1

DAY	DATES	TIME	CODE	FEE	REGISTER
Mon & Wed	Mar 31 - Apr 23 <small>No class Apr 21</small>	2:00 - 2:30 pm	16316	\$54.25	
Mon & Wed	Mar 31 - Apr 23 <small>No class Apr 21</small>	5:20 - 5:50 pm	16317	\$54.25	
Tues & Thu	Apr 1 - 24	9:30 - 10:00 am	16318	\$62.00	
Tue & Thu	Apr 1 - 24	4:50 - 5:20 pm	16319	\$62.00	
Fri	Apr 4 - May 30 <small>No class Apr 18 & May 16</small>	4:35 - 5:05 pm	16320	\$54.25	
Sat	Apr 5 - May 31 <small>No class Apr 19 & May 17</small>	9:50 - 10:20 am	16321	\$54.25	
Sun	Apr 6 - Jun 1 <small>No class Apr 20 & May 18</small>	12:00 - 12:30 pm	16322	\$54.25	
Mon & Wed	Apr 28 - May 21 <small>No class May 19</small>	1:15 - 1:45 pm	16323	\$54.25	
Mon & Wed	Apr 28 - May 21 <small>No class May 19</small>	5:55 - 6:25 pm	16324	\$54.25	
Tue & Thu	Apr 29 - May 22	9:15 - 9:45 am	16325	\$62.00	
Tue & Thu	Apr 29 - May 22	5:55 - 6:25 pm	16326	\$62.00	
Mon & Wed	May 26 - Jun 18	1:50 - 2:20 pm	16327	\$62.00	
Mon & Wed	May 26 - Jun 18	5:05 - 5:35 pm	17333	\$62.00	
Tue & Thu	May 27 - Jun 19	9:00 - 9:30 am	16328	\$62.00	
Tue & Thu	May 27 - Jun 19	5:20 - 5:50 pm	16329	\$62.00	
Tue & Thu	May 27 - Jun 19	6:35 - 7:05 pm	16330	\$62.00	
Mon - Thu	Jul 7 - 17	9:00 - 9:30 am	16621	\$62.00	
Mon & Wed	Jul 7 - 30	3:00 - 3:30 pm	16622	\$62.00	
Mon & Wed	Jul 7 - 30	5:30 - 6:00 pm	16623	\$62.00	
Tue & Thu	Jul 8 - 31	5:25 - 5:55 pm	16624	\$62.00	
Mon - Thu	Jul 21 - 31	9:50 - 10:20 am	16625	\$62.00	
Mon - Thu	Aug 5 - 14	10:00 - 10:30 am	16628	\$54.25	
Tue & Thu	Aug 5 - 26	4:55 - 5:25 pm	17580	\$54.25	
Tue & Thu	Aug 5 - 26	5:50 - 6:20 pm	16627	\$54.25	
Mon & Wed	Aug 6 - 27	5:25 - 5:55 pm	16626	\$54.25	
Mon - Thu	Aug 18 - 27	10:25 - 10:55 am	16629	\$54.25	

PARENT & TOT 1 / 2 / 3

DAY	DATES	TIME	CODE	FEE	REGISTER
Mon & Wed	Mar 31 - Apr 23 <small>No class Apr 21</small>	2:00 - 2:30 pm	16308	\$54.25	
Fri	Apr 4 - May 30 <small>No class Apr 18 & May 16</small>	5:10 - 5:40 pm	16309	\$54.25	
Sun	Apr 6 - Jun 1 <small>No class Apr 20 & May 18</small>	12:00 - 12:30 pm	16310	\$54.25	
Mon & Wed	Apr 28 - May 21 <small>No class May 19</small>	2:25 - 2:55 pm	16311	\$54.25	
Mon & Wed	Apr 28 - May 21 <small>No class May 19</small>	4:45 - 5:15 pm	16312	\$54.25	
Mon & Wed	May 26 - Jun 18	1:50 - 2:20 pm	16549	\$62.00	
Mon - Thu	Jul 21 - 31	9:00 - 9:30 am	16614	\$62.00	
Tue & Thu	Aug 5 - 26	4:40 - 5:10 pm	16615	\$54.25	
Mon & Wed	Aug 6 - 27	5:50 - 6:20 pm	17585	\$54.25	



Lifesaving Society Swim for Life

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PRESCHOOL 2

DAY	DATES	TIME	CODE	FEE	REGISTER
Mon & Wed	Mar 31 - Apr 23 No class Apr 21	2:30 - 3:00 pm	16334	\$54.25	●
Mon & Wed	Mar 31 - Apr 23 No class Apr 21	5:40 - 6:10 pm	16335	\$54.25	●
Tue & Thu	Apr 1 - 24	9:00 - 9:30 am	16336	\$62.00	●
Tue & Thu	Apr 1 - 24	5:20 - 5:50 pm	16337	\$62.00	●
Fri	Apr 4 - May 30 No class Apr 18 & May 16	4:00 - 4:30 pm	16338	\$54.25	●
Sat	Apr 5 - May 31 No class Apr 19 & May 17	10:35 - 11:05 am	16339	\$54.25	●
Sat	Apr 5 - May 31 No class Apr 19 & May 17	11:35 am - 12:05 pm	16340	\$54.25	●
Sun	Apr 6 - Jun 1 No class Apr 20 & May 18	12:15 - 12:45 pm	16341	\$54.25	●
Sun	Apr 6 - Jun 1 No class Apr 20 & May 18	12:50 - 1:20 pm	16342	\$54.25	●
Mon & Wed	Apr 28 - May 21 No class May 19	2:05 - 2:35 pm	16343	\$54.25	●
Mon & Wed	Apr 28 - May 21 No class May 19	5:40 - 6:10 pm	16344	\$54.25	●
Tue & Thu	Apr 29 - May 22	10:00 - 10:30 am	16345	\$62.00	●
Tue & Thu	Apr 29 - May 22	5:25 - 5:55 pm	16346	\$62.00	●
Mon & Wed	May 26 - Jun 18	2:20 - 2:50 pm	16347	\$62.00	●
Mon & Wed	May 26 - Jun 18	5:20 - 5:50 pm	17331	\$62.00	●
Tue & Thu	May 27 - Jun 19	9:15 - 9:45 am	16348	\$62.00	●
Tue & Thu	May 27 - Jun 19	5:25 - 5:55 pm	16576	\$62.00	●
Mon - Thu	Jul 7 - 17	10:40 - 11:10 am	16632	\$62.00	●
Mon & Wed	Jul 7 - 30	4:55 - 5:25 pm	16637	\$62.00	●
Tue & Thu	Jul 8 - 31	5:30 - 6:00 pm	16639	\$62.00	●
Tue & Thu	Jul 8 - 31	5:55 - 6:25 pm	16640	\$62.00	●
Mon - Thu	Jul 21 - 31	9:00 - 9:30 am	16636	\$62.00	●
Mon - Thu	Jul 21 - 31	11:15 - 11:45 am	16633	\$62.00	●
Mon - Thu	Aug 5 - 14	9:35 - 10:05 am	16635	\$54.25	●
Tue & Thu	Aug 5 - 26	5:15 - 5:45 pm	16641	\$54.25	●
Mon & Wed	Aug 6 - 27	5:30 - 6:00 pm	16748	\$54.25	●
Mon & Wed	Aug 6 - 27	5:55 - 6:25 pm	16638	\$54.25	●
Mon - Thu	Aug 18 - 27	9:00 - 9:30 am	16634	\$54.25	●

PRESCHOOL 3

DAY	DATES	TIME	CODE	FEE	REGISTER
Mon & Wed	Mar 31 - Apr 23 No class Apr 21	5:05 - 5:35 pm	16350	\$54.25	●
Tue & Thu	Apr 1 - 24	10:00 - 10:30 am	16351	\$62.00	●
Fri	Apr 4 - May 30 No class Apr 18 & May 16	4:50 - 5:20 pm	16352	\$54.25	●
Sat	Apr 5 - May 31 No class Apr 19 & May 17	9:50 - 10:20 am	16353	\$54.25	●
Sat	Apr 5 - May 31 No class Apr 19 & May 17	12:25 - 12:55 pm	16354	\$54.25	●
Sun	Apr 6 - Jun 1 No class Apr 20 & May 18	12:50 - 1:20 pm	16355	\$54.25	●
Mon & Wed	Apr 28 - May 21 No class May 19	1:15 - 1:45 pm	16356	\$54.25	●
Mon & Wed	Apr 28 - May 21 No class May 19	5:05 - 5:35 pm	16357	\$54.25	●
Tue & Thu	Apr 29 - May 22	10:00 - 10:30 am	16358	\$62.00	●
Tue & Thu	Apr 29 - May 22	6:35 - 7:05 pm	16360	\$62.00	●
Mon & Wed	May 26 - Jun 18	2:25 - 2:55 pm	16359	\$62.00	●
Mon & Wed	May 26 - Jun 18	5:40 - 6:10 pm	17330	\$62.00	●
Tue & Thu	May 27 - Jun 19	10:00 - 10:30 am	16572	\$62.00	●
Tue & Thu	May 27 - Jun 19	5:55 - 6:25 pm	16577	\$62.00	●
Mon - Thu	Jul 7 - 17	10:25 - 10:55 am	16642	\$62.00	●
Mon & Wed	Jul 7 - 30	4:20 - 4:50 pm	16647	\$62.00	●
Tue & Thu	Jul 8 - 31	3:35 - 4:05 pm	16651	\$62.00	●
Mon - Thu	Jul 21 - 31	9:50 - 10:20 pm	16644	\$62.00	●
Mon - Thu	Aug 5 - 14	9:00 - 9:30 am	16645	\$54.25	●
Mon - Thu	Aug 5 - 14	10:35 - 11:05 am	16646	\$54.25	●
Tue & Thu	Aug 5 - 26	3:50 - 4:20 pm	16643	\$54.25	●
Tue & Thu	Aug 5 - 26	5:50 - 6:20 pm	17581	\$54.25	●
Mon & Wed	Aug 6 - 27	3:35 - 4:05 pm	16648	\$54.25	●
Mon - Thu	Aug 18 - 27	9:35 - 10:05 am	16649	\$54.25	●

PRESCHOOL 3 / 4 / 5

DAY	DATES	TIME	CODE	FEE	REGISTER
Mon & Wed	Mar 31 - Apr 23 No class Apr 21	2:05 - 2:35 pm	16349	\$54.25	●
Tue & Thu	Apr 1 - Apr 24	4:45 - 5:15 pm	16361	\$62.00	●
Mon & Wed	Aug 6 - 27	4:55 - 5:25 pm	17584	\$54.25	●

PRESCHOOL 4 / 5

DAY	DATES	TIME	CODE	FEE	REGISTER
Mon & Wed	Mar 31 - Apr 23 No class Apr 21	4:30 - 5:00 pm	16365	\$54.25	●
Tue & Thu	Apr 1 - 24	9:30 - 10:00 am	16366	\$62.00	●
Fri	Apr 4 - May 30 No class Apr 18 & May 16	4:00 - 4:30 pm	16367	\$54.25	●
Sat	Apr 5 - May 31 No class Apr 19 & May 17	11:15 - 11:45 am	16368	\$54.25	●
Sun	Apr 6 - Jun 1 No class Apr 20 & May 18	1:25 - 1:55 pm	16369	\$54.25	●
Mon & Wed	Apr 28 - May 21 No class May 19	1:50 - 2:20 pm	16370	\$54.25	●
Tue & Thu	Apr 29 - May 22	9:00 - 9:30 am	16371	\$62.00	●
Tue & Thu	Apr 29 - May 22	7:20 - 7:50 pm	16566	\$62.00	●
Mon & Wed	May 26 - Jun 18	1:15 - 1:45 pm	16568	\$62.00	●
Mon & Wed	May 26 - Jun 18	4:45 - 5:15 pm	17334	\$62.00	●
Tue & Thu	May 27 - Jun 19	10:00 - 10:30 am	16573	\$62.00	●
Tue & Thu	May 27 - Jun 19	7:25 - 7:55 pm	16574	\$62.00	●
Mon - Thu	Jul 7 - 17	10:10 - 10:40 am	16652	\$62.00	●
Mon & Wed	Jul 7 - 30	3:35 - 4:05 pm	16656	\$62.00	●
Tue & Thu	Jul 8 - 31	3:00 - 3:30 pm	16657	\$62.00	●
Mon - Thu	Jul 21 - 31	9:30 - 10:00 am	16653	\$62.00	●
Mon - Thu	Aug 5 - 14	10:45 - 11:15 am	16654	\$54.25	●
Tue & Thu	Aug 5 - 26	4:25 - 4:55 pm	16659	\$54.25	●
Mon & Wed	Aug 6 - 27	3:00 - 3:30 pm	16658	\$54.25	●
Mon - Thu	Aug 18 - 27	9:50 - 10:20 am	16655	\$54.25	●

Lifesaving Society Swim for Life

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SWIMMER 1 (5 - 14 YEARS)

DAY	DATES	TIME	CODE	FEE	REGISTER
Mon & Wed	Mar 31 - Apr 23 No class Apr 21	2:30 - 3:00 pm	16387	\$54.25	🟢
Mon & Wed	Mar 31 - Apr 23 No class Apr 21	5:55 - 6:25 pm	16388	\$54.25	🟢
Tue & Thu	Apr 1 - 24	9:00 - 9:30 am	16389	\$62.00	🟢
Tue & Thu	Apr 1 - 24	4:50 - 5:20 pm	16390	\$62.00	🟢
Fri	Apr 4 - May 30 No class Apr 18 & May 16	5:45 - 6:15 pm	16391	\$54.25	🟢
Sat	Apr 5 - May 31 No class Apr 19 & May 17	9:50 - 10:20 am	16392	\$54.25	🟢
Sat	Apr 5 - May 31 No class Apr 19 & May 17	11:45 am - 12:15 pm	16393	\$54.25	🟢
Sun	Apr 6 - Jun 1 No class Apr 20 & May 18	12:35 - 1:05 pm	16394	\$54.25	🟢
Mon & Wed	Apr 28 - May 21 No class May 19	1:50 - 2:20 pm	16395	\$54.25	🟢
Mon & Wed	Apr 28 - May 21 No class May 19	5:20 - 5:50 pm	16396	\$54.25	🟢
Tue & Thu	Apr 29 - May 22	9:00 - 9:30 am	16397	\$62.00	🟢
Tue & Thu	Apr 29 - May 22	5:20 - 5:50 pm	16398	\$62.00	🟢
Tue & Thu	Apr 29 - May 22	6:00 - 6:30 pm	16399	\$62.00	🟢
Mon & Wed	May 26 - Jun 18	2:25 - 2:55 pm	16400	\$62.00	🟢
Mon & Wed	May 26 - Jun 18	5:55 - 6:25 pm	17332	\$62.00	🟢
Tue & Thu	May 27 - Jun 19	9:30 - 10:00 am	16401	\$62.00	🟢
Tue & Thu	May 27 - Jun 19	6:00 - 6:30 pm	16402	\$62.00	🟢
Mon - Thu	Jul 7 - 17	11:00 - 11:30 am	16668	\$62.00	🟡
Mon & Wed	Jul 7 - 30	5:00 - 5:30 pm	16753	\$62.00	🟡
Tue & Thu	Jul 8 - 31	4:55 - 5:25 pm	16677	\$62.00	🟡
Mon - Thu	Jul 21 - 31	9:15 - 9:45 am	16669	\$62.00	🟡
Mon - Thu	Jul 21 - 31	10:25 - 10:55 am	16670	\$62.00	🟡
Mon - Thu	Aug 5 - 14	10:10 - 10:40 am	16673	\$54.25	🟡
Tue & Thu	Aug 5 - 26	5:15 - 5:45 pm	16676	\$54.25	🟡
Mon & Wed	Aug 6 - 27	4:55 - 5:25 pm	16674	\$54.25	🟡
Mon - Thu	Aug 18 - 27	9:00 - 9:30 am	16672	\$54.25	🟡

SWIMMER 2 (5 - 14 YEARS)

DAY	DATES	TIME	CODE	FEE	REGISTER
Mon & Wed	Mar 31 - Apr 23 No class Apr 21	4:30 - 5:00 pm	16412	\$54.25	🟢
Tue & Thu	Apr 1 - 24	9:50 - 10:20 am	16413	\$62.00	🟢
Tue & Thu	Apr 1 - 24	5:55 - 6:25 pm	16414	\$62.00	🟢
Fri	Apr 4 - May 30 No class Apr 18 & May 16	4:00 - 4:30 pm	16415	\$54.25	🟢
Fri	Apr 4 - May 30 No class Apr 18 & May 16	5:25 - 5:55 pm	16416	\$54.25	🟢
Sat	Apr 5 - May 31 No class Apr 19 & May 17	10:25 - 10:55 am	16417	\$54.25	🟢
Sat	Apr 5 - May 31 No class Apr 19 & May 17	11:50 am - 12:20 pm	16418	\$54.25	🟢
Sat	Apr 5 - May 31 No class Apr 19 & May 17	12:25 - 12:55 pm	16419	\$54.25	🟢
Sun	Apr 6 - Jun 1 No class Apr 20 & May 18	12:35 - 1:05 pm	16420	\$54.25	🟢
Sun	Apr 6 - Jun 1 No class Apr 20 & May 18	1:25 - 1:55 pm	16421	\$54.25	🟢
Mon & Wed	Apr 28 - May 21 No class May 19	2:25 - 2:55 pm	16422	\$54.25	🟢
Mon & Wed	Apr 28 - May 21 No class May 19	4:30 - 5:00 pm	16423	\$54.25	🟢
Tue & Thu	Apr 29 - May 22	9:30 - 10:00 am	16424	\$62.00	🟢
Tue & Thu	Apr 29 - May 22	4:50 - 5:20 pm	16425	\$62.00	🟢
Mon & Wed	May 26 - Jun 18	1:15 - 1:45 pm	16426	\$62.00	🟢
Mon & Wed	May 26 - Jun 18	4:30 - 5:00 pm	17329	\$62.00	🟢
Tue & Thu	May 27 - Jun 19	9:30 - 10:00 am	16427	\$62.00	🟢
Tue & Thu	May 27 - Jun 19	4:45 - 5:15 pm	16428	\$62.00	🟢
Tue & Thu	May 27 - Jun 19	7:20 - 7:50 pm	16431	\$62.00	🟢

SWIMMER 2 (5 - 14 YEARS)

DAY	DATES	TIME	CODE	FEE	REGISTER
Mon - Thu	Jul 7 - 17	9:00 - 9:30 am	16685	\$62.00	🟡
Mon - Thu	Jul 7 - 17	11:10 - 11:40 am	16686	\$62.00	🟡
Mon & Wed	Jul 7 - 30	3:50 - 4:20 pm	16684	\$62.00	🟡
Mon & Wed	Jul 7 - 30	5:25 - 5:55 pm	16691	\$62.00	🟡
Tue & Thu	Jul 8 - 31	4:25 - 4:55 pm	16694	\$62.00	🟡
Tue & Thu	Jul 8 - 31	6:00 - 6:30 pm	16692	\$62.00	🟡
Mon - Thu	Jul 21 - 31	10:25 - 10:55 am	16687	\$62.00	🟡
Mon - Thu	Aug 5 - 14	9:00 - 9:30 am	16696	\$54.25	🟡
Mon - Thu	Aug 5 - 14	11:20 - 11:50 am	16688	\$54.25	🟡
Tue & Thu	Aug 5 - 26	4:40 - 5:10 pm	16693	\$54.25	🟡
Mon & Wed	Aug 6 - 27	4:25 - 4:55 pm	16695	\$54.25	🟡
Mon & Wed	Aug 6 - 27	6:00 - 6:30 pm	16754	\$54.25	🟡
Mon - Thu	Aug 18 - 27	9:35 - 10:05 am	16690	\$54.25	🟡
Mon - Thu	Aug 18 - 27	11:15 - 11:45 am	16689	\$54.25	🟡

SWIMMER 3 (5 - 14 YEARS)

DAY	DATES	TIME	CODE	FEE	REGISTER
Mon & Wed	Mar 31 - Apr 23 No class Apr 21	4:30 - 5:15 pm	16433	\$61.25	🟢
Tue & Thu	Apr 1 - 24	5:25 - 6:10 pm	16434	\$70.00	🟢
Fri	Apr 4 - May 30 No class Apr 18 & May 16	4:35 - 5:20 pm	16435	\$61.25	🟢
Sat	Apr 5 - May 31 No class Apr 19 & May 17	9:45 - 10:30 am	16436	\$61.25	🟢
Sun	Apr 6 - Jun 1 No class Apr 20 & May 18	1:10 - 1:55 pm	16437	\$61.25	🟢
Tue & Thu	Apr 29 - May 22	7:10 - 7:55 pm	16438	\$70.00	🟢
Tue & Thu	May 27 - Jun 19	6:35 - 7:20 pm	16439	\$70.00	🟢
Mon - Thu	Jul 7 - 17	11:15 - 12:00 pm	16697	\$70.00	🟡
Mon & Wed	Jul 7 - 30	3:30 - 4:15 pm	16698	\$70.00	🟡
Tue & Thu	Jul 8 - 31	3:00 - 3:45 pm	16705	\$70.00	🟡
Mon - Thu	Jul 21 - 31	9:00 - 9:45 am	16699	\$70.00	🟡
Mon - Thu	Aug 5 - 14	9:10 - 9:55 am	16700	\$61.25	🟡
Mon - Thu	Aug 5 - 14	10:10 - 10:55 am	17590	\$61.25	🟡
Tue & Thu	Aug 5 - 26	3:50 - 4:35 pm	16707	\$61.25	🟡
Mon & Wed	Aug 6 - 27	3:00 - 3:45 pm	16704	\$61.25	🟡
Mon - Thu	Aug 18 - 27	9:50 - 10:35 am	16701	\$61.25	🟡

Lifesaving Society Swim for Life

Please note, if proof of completion for the previous level is not provided you may be withdrawn from the course. Please see page 4 for more information.

SWIMMER 4 (5 - 14 YEARS)

DAY	DATES	TIME	CODE	FEE	REGISTER
Tue & Thu	Apr 1 - 24	4:50 - 5:35 pm	16441	\$70.00	
Fri	Apr 4 - May 30 <small>No class Apr 18 & May 16</small>	5:25 - 6:10 pm	16442	\$61.25	
Sat	Apr 5 - May 31 <small>No class Apr 19 & May 17</small>	10:55 - 11:40 am	16443	\$61.25	
Mon - Thu	Jul 7 - 17	9:35 - 10:20 am	16708	\$70.00	
Mon & Wed	Jul 7 - 30	4:10 - 4:55 pm	16712	\$70.00	
Mon - Thu	Jul 21 - 31	10:05 - 10:50 am	16711	\$70.00	
Mon - Thu	Aug 5 - 14	11:10 - 11:55 am	16710	\$61.25	
Tue & Thu	Aug 5 - 26	3:50 - 4:35 pm	16714	\$61.25	
Mon & Wed	Aug 6 - 27	5:00 - 5:45 pm	17587	\$61.25	
Mon - Thu	Aug 18 - 27	11:00 - 11:45 am	16713	\$61.25	

SWIMMER 4 / 5 (5 - 14 YEARS)

DAY	DATES	TIME	CODE	FEE	REGISTER
Mon & Wed	Mar 31 - Apr 23 <small>No class Apr 21</small>	5:40 - 6:25 pm	16445	\$61.25	
Sun	Apr 6 - Jun 1 <small>No class Apr 20 & May 18</small>	12:00 - 12:45 pm	16446	\$61.25	
Tue & Thu	Apr 29 - May 22	7:10 - 7:55 pm	16449	\$70.00	
Tue & Thu	Jul 8 - 31	3:35 - 4:20 pm	16715	\$70.00	
Mon & Wed	Aug 6 - 27	3:35 - 4:20 pm	16749	\$61.25	












SWIMMER 5 (5 - 14 YEARS)

DAY	DATES	TIME	CODE	FEE	REGISTER
Tue & Thu	Apr 1 - 24	5:40 - 6:20 pm	16450	\$70.00	
Fri	Apr 4 - May 30 <small>No class Apr 18 & May 16</small>	4:00 - 4:45 pm	16451	\$61.25	
Sat	Apr 5 - May 31 <small>No class Apr 19 & May 17</small>	12:10 - 12:55 pm	16452	\$61.25	
Tues & Thu	May 27 - Jun 19	6:30 - 7:15 pm	16453	\$70.00	
Mon - Thu	Jul 7 - 17	9:50 - 10:35 am	16716	\$70.00	
Mon & Wed	Jul 7 - 30	3:00 - 3:45 pm	16718	\$70.00	
Mon - Thu	Jul 21 - 31	11:00 - 11:45 am	16721	\$70.00	
Mon - Thu	Aug 5 - 14	11:00 - 11:45 am	16719	\$61.25	
Tue & Thu	Aug 5 - 26	5:30 - 6:15 pm	17582	\$61.25	
Mon - Thu	Aug 18 - 27	9:00 - 9:45 am	16717	\$61.25	


SWIMMER 6 (5 - 14 YEARS)

DAY	DATES	TIME	CODE	FEE	REGISTER
Mon & Wed	Mar 31 - Apr 23 <small>No class Apr 21</small>	4:30 - 5:15 pm	16454	\$61.25	
Tue & Thu	Apr 1 - 24	5:40 - 6:20 pm	16455	\$70.00	
Fri	Apr 4 - May 30 <small>No class Apr 18 & May 16</small>	4:35 - 5:20 pm	16456	\$61.25	
Sat	Apr 5 - May 31 <small>No class Apr 19 & May 17</small>	12:00 - 12:45 pm	16457	\$61.25	
Sun	Apr 6 - Jun 1 <small>No class Apr 20 & May 18</small>	12:00 - 12:45 pm	16458	\$61.25	
Tue & Thu	Apr 29 - May 22	6:30 - 7:15 pm	16565	\$70.00	
Tue & Thu	May 27 - Jun 19	7:10 - 7:55 pm	16580	\$70.00	
Mon - Thu	Jul 7 - 17	9:00 - 9:45 am	16723	\$70.00	
Mon & Wed	Jul 7 - 30	4:05 - 4:50 pm	16726	\$70.00	
Tue & Thu	Jul 8 - 31	3:15 - 4:00 pm	16728	\$70.00	
Mon - Thu	Jul 21 - 31	9:35 - 10:20 am	16724	\$70.00	
Mon - Thu	Aug 5 - 14	10:05 - 10:50 am	16722	\$61.25	
Tue & Thu	Aug 5 - 26	5:00 - 5:45 pm	17583	\$61.25	
Mon & Wed	Aug 6 - 27	3:15 - 4:00 pm	16729	\$61.25	
Mon - Thu	Aug 18 - 27	11:15 am - 12:00 pm	16725	\$61.25	


ROOKIE / RANGER / STAR PATROL (5 - 14 YEARS)

DAY	DATES	TIME	CODE	FEE	REGISTER
Mon & Wed	Mar 31 - Apr 23 <small>No class Apr 21</small>	5:20 - 6:20 pm	16372	\$67.20	
Fri	Apr 4 - May 30 <small>No class Apr 18 & May 16</small>	5:25 - 6:25 pm	16373	\$67.20	
Sat	Apr 5 - May 31 <small>No class Apr 19 & May 17</small>	9:50 - 10:50 am	16374	\$67.20	
Sun	Apr 6 - Jun 1 <small>No class Apr 20 & May 18</small>	12:50 - 1:50 pm	16375	\$67.20	
Tue & Thu	Apr 29 - May 22	6:40 - 7:40 pm	16376	\$76.80	
Mon - Thu	Jul 7 - 17	10:20 - 11:20 am	16660	\$76.80	
Mon & Wed	Jul 7 - 30	3:00 - 4:00 pm	16663	\$76.80	
Mon - Thu	Jul 21 - 31	10:55 - 11:55 am	16661	\$76.80	
Mon - Thu	Aug 5 - 14	9:00 - 10:00 am	16755	\$67.20	
Tue & Thu	Aug 5 - 26	3:50 - 4:50 pm	16662	\$67.20	
Mon & Wed	Aug 6 - 27	5:30 - 6:30 pm	17586	\$67.20	
Mon - Thu	Aug 18 - 27	10:10 - 11:10 am	16756	\$67.20	


HOMESCHOOL SWIMMER 1

DAY	DATES	TIME	CODE	FEE	REGISTER
Mon & Wed	Mar 31 - Apr 23 <small>No class Apr 21</small>	1:15 - 2:00 pm	16290	\$61.25	

HOMESCHOOL SWIMMER 2 / 3

DAY	DATES	TIME	CODE	FEE	REGISTER
Mon & Wed	Mar 31 - Apr 23 <small>No class Apr 21</small>	1:15 - 2:00 pm	16291	\$61.25	

HOMESCHOOL SWIMMER 4 / 5 / 6

DAY	DATES	TIME	CODE	FEE	REGISTER
Mon & Wed	Mar 31 - Apr 23 <small>No class Apr 21</small>	1:15 - 2:00 pm	16292	\$61.25	



Lifesaving Society Swim for Life

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PRIVATE LESSONS ****Advanced Lessons are for those in Swimmer 3 or higher**

DAY	DATES	TIME	CODE	FEE	REGISTER
Mon	Mar 31 - Apr 14	5:05 - 5:35 pm	16459	\$103.50	●
Tue	Apr 1 - 22	5:25 - 5:55 pm	16461	\$138.00	●
Tue	Apr 1 - 22	5:55 - 6:25 pm	16463	\$138.00	●
Wed	Apr 2 - 23	5:05 - 5:35 pm	16460	\$138.00	●
Thu	Apr 3 - 24	5:25 - 5:55 pm	16462	\$138.00	●
Thu	Apr 3 - 24	5:55 - 6:25 pm	16464	\$138.00	●
Fri	Apr 4 - 25 No class Apr 18	6:00 - 6:30 pm	16465	\$103.50	●
Sat	Apr 5 - 26 No class Apr 19	11:50 am - 12:20 pm	16467	\$103.50	●
Sat	Apr 5 - 26 No class Apr 19	12:20 - 12:50 pm	16469	\$103.50	●
Sun	Apr 6 - 27 No class April 20	1:10 - 1:40 pm	16471	\$103.50	●
Tue	Apr 29 - May 20	6:30 - 7:00 pm	16473	\$138.00	●
Tue	Apr 29 - May 20	7:00 - 7:30 pm	16475	\$138.00	●
Tue	Apr 29 - May 20	7:30 - 8:00 pm	16477	\$138.00	●
Thu	May 1 - 22	6:30 - 7:00 pm	16474	\$138.00	●
Thu	May 1 - 22	7:00 - 7:30 pm	16476	\$138.00	●
Thu	May 1 - 22	7:30 - 8:00 pm	16478	\$138.00	●
Fri	May 2 - 30 No class May 16	6:00 - 6:30 pm	16466	\$138.00	●
Sat	May 3 - 31 No class May 17	11:50 am - 12:20 pm	16468	\$138.00	●
Sat	May 3 - 31 No class May 17	12:20 - 12:50 pm	16470	\$138.00	●
Sun	May 4 - 25 No class May 18	1:10 - 1:40 pm	16472	\$103.50	●
Tue	May 27 - Jun 17	6:30 - 7:00 pm	16479	\$138.00	●
Tue	May 27 - Jun 17	7:00 - 7:30 pm	16481	\$138.00	●
Tue	May 27 - Jun 17	7:30 - 8:00 pm	16483	\$138.00	●
Thu	May 29 - Jun 19	6:30 - 7:00 pm	16480	\$138.00	●
Thu	May 29 - Jun 19	7:00 - 7:30 pm	16482	\$138.00	●
Thu	May 29 - Jun 19	7:30 - 8:00 pm	16484	\$138.00	●
Fri	Jun 6 - 20	4:00 - 4:30 pm	16485	\$103.50	●
Fri	Jun 6 - 20	4:00 - 4:30 pm	16491	\$103.50	●
Fri	Jun 6 - 20	4:00 - 4:30 pm	16494	\$103.50	●
Fri**	Jun 6 - 20	4:00 - 4:45 pm	16529	\$155.25	●
Fri	Jun 6 - 20	4:35 - 5:05 pm	16486	\$103.50	●
Fri	Jun 6 - 20	4:35 - 5:05 pm	16495	\$103.50	●
Fri**	Jun 6 - 20	4:35 - 5:20 pm	16530	\$155.25	●
Fri	Jun 6 - 20	4:50 - 5:20 pm	16488	\$103.50	●

DAY	DATES	TIME	CODE	FEE	REGISTER
Fri	Jun 6 - 20	5:10 - 5:40 pm	16487	\$103.50	●
Fri	Jun 6 - 20	5:10 - 5:40 pm	16496	\$103.50	●
Fri	Jun 6 - 20	5:20 - 5:50 pm	16489	\$103.50	●
Fri	Jun 6 - 20	5:25 - 5:55 pm	16492	\$103.50	●
Fri**	Jun 6 - 20	5:40 - 6:25 pm	16528	\$155.25	●
Fri	Jun 6 - 20	5:45 - 6:15 pm	16497	\$103.50	●
Fri	Jun 6 - 20	5:55 - 6:25 pm	16490	\$103.50	●
Fri	Jun 6 - 20	5:55 - 6:25 pm	16493	\$103.50	●
Sat	Jun 7 - 21	9:00 - 9:30 am	16503	\$103.50	●
Sat	Jun 7 - 21	9:00 - 9:30 am	16510	\$103.50	●
Sat	Jun 7 - 21	9:00 - 9:30 am	16514	\$103.50	●
Sat**	Jun 7 - 21	9:00 - 9:45 am	16531	\$155.25	●
Sat	Jun 7 - 21	9:30 - 10:00 am	16504	\$103.50	●
Sat	Jun 7 - 21	9:35 - 10:05 am	16515	\$103.50	●
Sat**	Jun 7 - 21	9:35 - 10:20 am	16532	\$155.25	●
Sat	Jun 7 - 21	9:45 - 10:15 am	16498	\$103.50	●
Sat	Jun 7 - 21	10:05 - 10:35 am	16505	\$103.50	●
Sat	Jun 7 - 21	10:05 - 10:35 am	16516	\$103.50	●
Sat	Jun 7 - 21	10:20 - 10:50 am	16499	\$103.50	●
Sat	Jun 7 - 21	10:20 - 10:50 am	16511	\$103.50	●
Sat	Jun 7 - 21	10:40 - 11:10 am	16506	\$103.50	●
Sat	Jun 7 - 21	10:40 - 11:10 am	16517	\$103.50	●
Sat	Jun 7 - 21	10:55 - 11:25 am	16500	\$103.50	●
Sat	Jun 7 - 21	10:55 - 11:25 am	16512	\$103.50	●
Sat	Jun 7 - 21	11:05 - 11:35 am	16521	\$103.50	●
Sat	Jun 7 - 21	11:15 - 11:45 am	16507	\$103.50	●
Sat	Jun 7 - 21	11:15 - 11:45 am	16518	\$103.50	●
Sat	Jun 7 - 21	11:30 am - 12:00 pm	16501	\$103.50	●
Sat	Jun 7 - 21	11:30 am - 12:00 pm	16513	\$103.50	●
Sat**	Jun 7 - 21	11:40 am - 12:25 pm	16534	\$155.25	●
Sat	Jun 7 - 21	11:50 am - 12:20 pm	16508	\$103.50	●
Sat	Jun 7 - 21	11:50 am - 12:20 pm	16519	\$103.50	●
Sat	Jun 7 - 21	12:10 - 12:40 pm	16502	\$103.50	●

DAY	DATES	TIME	CODE	FEE	REGISTER
Sat**	Jun 7 - 21	12:10 - 12:55 pm	16533	\$155.25	●
Sat	Jun 7 - 21	12:25 - 12:55 pm	16509	\$103.50	●
Sat	Jun 7 - 21	12:25 - 12:55 pm	16520	\$103.50	●
Sat	Jun 7 - 21	12:30 - 1:00 pm	16522	\$103.50	●
Sun	Jun 15 - 22	12:00 - 12:30 pm	16523	\$69.00	●
Sun	Jun 15 - 22	12:00 - 12:30 pm	16524	\$69.00	●
Sun	Jun 15 - 22	12:00 - 12:30 pm	16595	\$69.00	●
Sun**	Jun 15 - 22	12:00 - 12:45 pm	16536	\$103.50	●
Sun**	Jun 15 - 22	12:00 - 12:45 pm	16600	\$103.50	●
Sun	Jun 15 - 22	12:35 - 1:05 pm	16527	\$69.00	●
Sun	Jun 15 - 22	12:35 - 1:05 pm	16594	\$69.00	●
Sun**	Jun 15 - 22	12:35 - 1:20 pm	16535	\$103.50	●
Sun	Jun 15 - 22	12:50 - 1:20 pm	16596	\$69.00	●
Sun	Jun 15 - 22	12:50 - 1:20 pm	16597	\$69.00	●
Sun	Jun 15 - 22	1:10 - 1:40 pm	16598	\$69.00	●
Sun**	Jun 15 - 22	1:10 - 1:55 pm	16601	\$103.50	●
Sun	Jun 15 - 22	1:25 - 1:55 pm	16525	\$69.00	●
Sun	Jun 15 - 22	1:25 - 1:55 pm	16526	\$69.00	●
Sun	Jun 15 - 22	1:25 - 1:55 pm	16599	\$69.00	●



Lifesaving Society Swim for Life

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PRIVATE LESSONS

*Beginner lessons are for those in Swimmer 2 or lower

**Advanced Lessons are for those in Swimmer 3 or higher

DAY	DATES	TIME	CODE	FEE	REGISTER
Mon - Thu	Jul 7 - 10	10:45 - 11:15 am	16730	\$138.00	☀️
Mon - Thu	Jul 7 - 10	11:30 am - 12:00 pm	16732	\$138.00	☀️
Mon*	Jul 7 - 28	6:00 - 6:30 pm	16734	\$138.00	☀️
Mon*	Jul 7 - 28	6:00 - 6:30 pm	16736	\$138.00	☀️
Tue	Jul 8 - 29	4:25 - 4:55 pm	16740	\$138.00	☀️
Tue*	Jul 8 - 29	5:00 - 5:30 pm	16738	\$138.00	☀️
Wed*	Jul 9 - 30	6:00 - 6:30 pm	16735	\$138.00	☀️
Wed*	Jul 9 - 30	6:00 - 6:30 pm	16737	\$138.00	☀️
Thu	Jul 10 - 31	4:25 - 4:55 pm	16741	\$138.00	☀️
Thu*	Jul 10 - 31	5:00 - 5:30 pm	16739	\$138.00	☀️
Mon - Thu	Jul 14 - 17	10:45 - 11:15 am	16731	\$138.00	☀️
Mon - Thu	Jul 14 - 17	11:30 am - 12:00 pm	16733	\$138.00	☀️
Mon - Thu	Jul 21 - 24	11:00 - 11:30 am	16742	\$138.00	☀️
Mon - Thu	Jul 21 - 24	11:30 am - 12:00 pm	16758	\$138.00	☀️
Mon - Thu	Jul 28 - 31	11:00 - 11:30 am	16743	\$138.00	☀️
Mon - Thu	Jul 28 - 31	11:30 am - 12:00 pm	16759	\$138.00	☀️
Tue - Thu	Aug 5 - 7	11:30 am - 12:00 pm	16766	\$103.50	☀️
Tue	Aug 5 - 26	5:50 - 6:20 pm	16764	\$138.00	☀️
Wed	Aug 6 - 27	4:25 - 4:55 pm	16763	\$138.00	☀️
Wed*	Aug 6 - 27	5:00 - 5:30 pm	16762	\$138.00	☀️
Thu	Aug 7 - 21	5:50 - 6:20 pm	16765	\$103.50	☀️
Mon - Thu	Aug 11 - 14	11:30 am - 12:00 pm	16767	\$138.00	☀️
Mon	Aug 11 - 25	4:25 - 4:55 pm	16761	\$103.50	☀️
Mon*	Aug 11 - 25	5:00 - 5:30 pm	16760	\$103.50	☀️
Mon - Thu	Aug 18 - 21	10:10 - 10:40 am	16768	\$138.00	☀️
Mon - Thu**	Aug 18 - 21	11:15 am - 12:00 pm	16771	\$207.00	☀️
Mon - Wed	Aug 25 - 27	10:10 - 10:40 am	16769	\$103.50	☀️
Mon - Wed**	Aug 25 - 27	11:15 am - 12:00 pm	16772	\$155.25	☀️

ADULT 1 (14+)

DAY	DATES	TIME	CODE	FEE	REGISTER
Mon & Wed	Mar 31 - Apr 23 No class Apr 21	5:40 - 6:25 pm	16303	\$70.00	🌱
Sat	Apr 5 - May 31 No class Apr 19 & May 17	11:10 - 11:55 am	16302	\$70.00	🌱
Tue & Thu	May 27 - Jun 19	7:05 - 7:50 pm	16579	\$80.00	🌱
Tue & Thu	Jul 8 - 31	4:10 - 4:55 pm	16607	\$80.00	☀️

ADULT 2 / 3 (14+)

DAY	DATES	TIME	CODE	FEE	REGISTER
Sat	Apr 5 - May 31 No class Apr 19 & May 17	10:25 - 11:10 am	16304	\$70.00	🌱
Mon & Wed	Apr 28 - May 21 No class May 19	1:15 - 2:00 pm	16561	\$70.00	🌱
Mon & Wed	Aug 6 - 27	4:10 - 4:55 pm	16608	\$70.00	☀️



Swim safe, swim smart — join us for summer lessons!





Art & Culture Programs

HARBOUR POOL Program Registration Dates

🌿 **SPRING** March 12 ☀️ **SUMMER** JUNE 11

BEGINNER ADULT POTTERY

18 years and older

Learn Hand building techniques, glazing and intro to the potters wheel.

Additional costs including clay and tools (estimated around \$60).

**Presented by the Fort Saskatchewan Pottery Guild
Dow Centennial Centre / Waiward Pottery Studio**

CODE	DATE	TIME	FEE
17456	🌿 Thu, Apr 3 - Jun 12	6:30 - 9:30 pm	\$250.00

No Class May 1

INTERMEDIATE ADULT POTTERY

18 years and older

WORKSHOP ONLY (no instructor)

MUST HAVE PREVIOUSLY TAKEN BEGINNER ADULT POTTERY at the Fort Saskatchewan Pottery Guild.

MUST BE A PREVIOUS STUDENT at the Fort Saskatchewan Pottery Guild.

Additional costs including clay and tools (estimated around \$60).

**Presented by the Fort Saskatchewan Pottery Guild
Dow Centennial Centre / Waiward Pottery Studio**

CODE	DATE	TIME	FEE
17457	🌿 Tue, Apr 1 - Jun 3	6:30 - 9:30 pm	\$200.00



Theatre Camps are Held in the Dow Centennial Centre Shell Theatre

ACTING UP FOR THE SUMMER

8 - 14 years

Engage and learn about all aspects of the theatre through high-energy activities with a focus on creativity, collaboration, and the performing arts! From public speaking to movement and choreography campers will build a show from start to finish and then show it off at the end of the week.

Dow Centennial Centre - Shell Theatre

CODE	DATE	TIME	FEE
17588	☀️ Mon - Fri, Jul 7 - 11	9:00 am - 4:00 pm	\$240.00



Fort Heritage Precinct Tours and Events



Throughout the year, The Fort Heritage Precinct is accessible through guided tours. As you take a tour through the NWMP Fort, you will be whisked back in time to imagine yourself as a constable climbing the bastion to view the surrounding landscape. After exploring the Fort, hop forward in time to the historical village, where you can imagine yourself as a student in the 1902 Castle School, visualize life as a settler in the early 20th century, and see how the town doctor lived in the 1920s. Visit us at the Warden's House at 10006 100 Avenue or call us at 780.998.1783 to book your spot!

ADMISSION	FEE (GST included)
Child (2 - 12 years)	\$4.60
Youth (13 - 17 years)	\$5.65
Senior (65+ years)	\$5.65
Adult (18 - 64 years)	\$9.25
Family (2 adults/ caregivers and unlimited children under 18 years)	\$24.40

Easter Fun at the Fort Heritage Precinct!



Hop on over to the Fort Heritage Precinct for a free, drop-in Easter celebration filled with fun for the whole family!

April 12 • 1:00 - 4:00 pm

Games & Crafts – Enjoy Easter-themed activities and hands-on crafts.

Egg-citing Fun – Join in the hunt for hidden treasures and surprises.

Festive Atmosphere – Experience the charm of the historic site while celebrating the season.

No registration required—just bring your Easter spirit and drop in for a day of fun!



Stay tuned to social media
[@instagram.com/FortHeritagePrecinct](https://www.instagram.com/FortHeritagePrecinct)
 and FortHeritagePrecinct.ca for specific
 Spring/Summer programming.

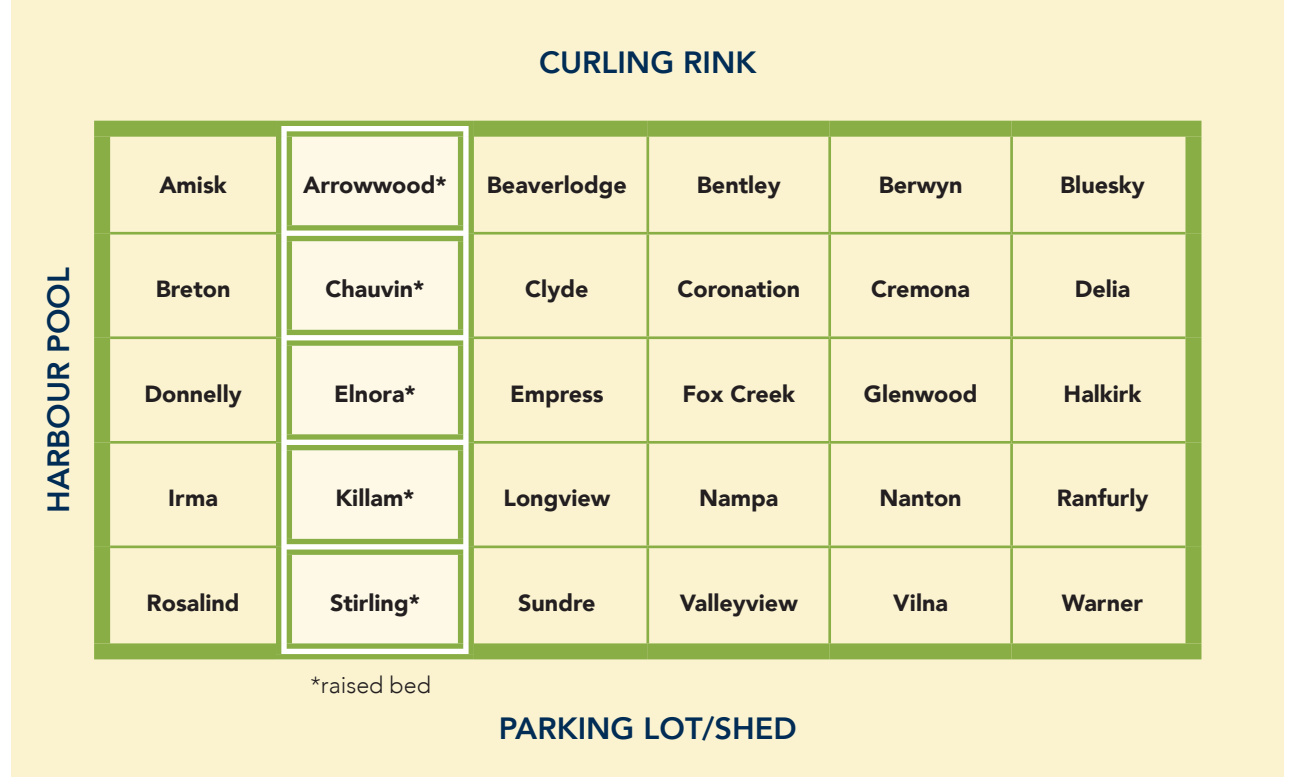
Community Gardens

Community Gardens

The Fort Saskatchewan Jubilee Park Community Gardens are overseen by the City of Fort Saskatchewan. They aim to promote local, healthy eating, intergenerational learning, and community development. Gardeners are encouraged to work together and support each other to make their gardens a success.

The garden has 30 beds and is located in Jubilee Park. Registration begins on March 31, 2025 at 8:00 am. They are rented on a first come, first serve basis at a cost of \$23.00 per bed. Planting season officially begins at the gardens on May long weekend.

For information on plot rentals, or to register, please contact Support Services by email at fcssinfo@fortsask.ca or call **780.992.6267**.



City Summer Camps

Welcome to the BEST SUMMER EVER!

Our Summer Camps bring all the fun and friendship you could ask for! Enjoy your summer with us in any one or all of our Themed Week-Long or One-Day Camps. We will keep your summer active with lots of surprise visits from Furry friends, Face painters, Bouncy castles, Balloon magic, Caricatures, and many others!

- Please note that the dates for these surprise visits are not confirmed, so they are not noted in the descriptions and can not be guaranteed; that's why they are a surprise.

Our Summer Camps are not just great camps for kids to attend but also great camps for our summer staff to gain experience and knowledge. This is just a friendly reminder that our summer staff are young, eager to learn, and dedicated to providing you with the best service. We kindly ask for your patience and support as they grow and gain new skills. Thank you for helping us create a positive and nurturing environment for everyone!

All programs conclude on Fridays at 1:00 pm for staff training, program planning, and preparation.

HOW TO MAKE YOUR CAMP EXPERIENCE SUCCESSFUL

- Remember to pack swim gear, bug spray, sun block, snacks, and lunches daily. Lunches required for all Full-Day Camps.
- To ensure your camper has the best possible time at camp, they must be **fully toilet trained; due to our staff-to-camper ratio, we are unable to provide individual potty training assistance.**
- All electronic games/devices should be left at home.
- Staff cannot administer **any** medication.
- Be prepared to Have the BEST Summer EVER!
- If you have any questions or would like to discuss your child's medical or behavioral needs, we encourage you to contact us prior to registering so we can be able to provide the best experience possible for your child.

***Please note:** If your child has an aide or support at school, we expect them to attend camps with an aide. Please contact us prior to registering to discuss the aide requirements.

We can be reached by email at cpsummer@fortsask.ca

READY, SET, SUMMER / FAREWELL SUMMER

Let's start and end the summer with a week-long BASH! We'll party all week long! From arts and crafts to sports, Nerf wars, and old-fashioned games, there's something for everyone! This camp offers a variety of activities designed to keep kids engaged, active, and having fun.

WEEK 1

MORNING CAMP

Scotia Bank Room

CODE	DATE	TIME	FEE
17405	Mon - Fri Jun 30 - Jul 4	8:30 am - 12:00 pm	\$100.00

No Camp Jul 1

WEEK 8

AFTERNOON CAMP

Scotia Bank Room

CODE	DATE	TIME	FEE
17416	Mon - Thu Aug 18 - 21	1:00 - 4:30 pm	\$100.00

EVERYTHING ANIMALS

Share your love for animals this week through arts and crafts, create animal masks, paint wildlife scenes, and build birdhouses. Enjoy fun activities like scavenger hunts, nature games, and obstacle courses, all with an animal twist.

WEEK 2

MORNING CAMP

Scotia Bank Room

CODE	DATE	TIME	FEE
17412	Mon - Fri Jul 7 - 11	8:30 am - 12:00 pm	\$125.00

WEEK 7

AFTERNOON CAMP

Scotia Bank Room

CODE	DATE	TIME	FEE
17422	Mon - Thu Aug 11 - 14	1:00 - 4:30 pm	\$100.00

Kinder Camps

Kinder camp themes are offered in two different weeks – choose which week(s) work best for you.

All kinder camps are located at the Dow Centennial Centre.

Ages 3* - 5 years

Morning camps start at 8:30 am and end at 12:00 pm Monday - Friday

Afternoon classes start at 1:00 pm and end at 4:30 pm Monday - Thursday

*must be toilet trained

WEEKS		MORNING CAMP 8:30 am - 12:00 pm	AFTERNOON CAMP 1:00 - 4:30 pm
1	Jun 30 - Jul 4 <small>No camps Jul 1</small>	Ready, Set, Summer!	Nature Buffs
2	Jul 7 - 11	Everything Animals	Carnival Kraze
3	Jul 14 - 18	Mini Beach Blast	WaterPalooza
4	Jul 21 - 25	Construction Zone	Mid-Summer Mix Up
5	Jul 28 - Aug 1	Mid-Summer Mix Up	Construction Zone
6	Aug 5 - 8	Water Palooza	Mini Beach Blast
7	Aug 11 - 15	Carnival Kraze	Everything Animals
8	Aug 18 - 22	Nature Buffs	Farewell Summer

Kinder Camps

Ages 3* - 5 years

Morning camps start at 8:30 am and end at 12:00 pm Monday - Friday

Afternoon classes start at 1:00 pm and end at 4:30 pm Monday - Thursday

*must be toilet trained

MINI BEACH BLAST

Get Ready for a sun-soaked adventure! This week is jammed with water fun and sand everywhere! Let your creativity shine with beach-themed arts and crafts, making seashell jewelry, sand art, and ocean-inspired paintings.

WEEK 3

MORNING CAMP

Scotia Bank Room

CODE	DATE	TIME	FEE
17443	☀ Mon - Fri Jul 14 - 18	8:30 am - 12:00 pm	\$125.00

WEEK 6

AFTERNOON CAMP

Scotia Bank Room

CODE	DATE	TIME	FEE
17440	☀ Tue - Thu Aug 5 - 7	1:00 - 4:30 pm	\$75.00

CONSTRUCTION ZONE

Build, create, and innovate! Dive into hands-on mini building projects all week long. Create everything from birdhouses to mini bridges! Combine creativity and construction with arts and crafts.

WEEK 4

MORNING CAMP

Scotia Bank Room

CODE	DATE	TIME	FEE
17421	☀ Mon - Fri Jul 21 - 25	8:30 am - 12:00 pm	\$125.00

WEEK 5

AFTERNOON CAMP

Scotia Bank Room

CODE	DATE	TIME	FEE
17426	☀ Mon - Thu Jul 28 - 31	1:00 - 4:30 pm	\$100.00

MID-SUMMER MIX UP

This week has us thinking summer is half over or only halfway started, either way let's kick it into full gear starting with Christmas in July!

WEEK 5

MORNING CAMP

Scotia Bank Room

CODE	DATE	TIME	FEE
17423	☀ Mon - Fri Jul 28 - Aug 1	8:30 am - 12:00 pm	\$125.00

WEEK 4

AFTERNOON CAMP

Scotia Bank Room

CODE	DATE	TIME	FEE
17413	☀ Mon - Thu Jul 21 - 24	1:00 - 4:30 pm	\$100.00

WATER PALOOZA

Get ready for a week of nonstop water action! From sprinklers to slip-and-slides to water balloon fights, we'll have all your water adventures covered!

WEEK 6

MORNING CAMP

Scotia Bank Room

CODE	DATE	TIME	FEE
17415	☀ Tue - Fri Aug 5 - 8	8:30 - 12:00 pm	\$100.00

WEEK 3

AFTERNOON CAMP

Scotia Bank Room

CODE	DATE	TIME	FEE
17444	☀ Mon - Thu Jul 14 - 17	1:00 - 4:30 pm	\$100.00

CARNIVAL KRAZE

Step right up for a week of FUN and Excitement! Enjoy classic carnival games like ring toss, balloon darts, and bean bag toss. Win prizes and have a blast with your friends!

WEEK 7

MORNING CAMP

Scotia Bank Room

CODE	DATE	TIME	FEE
17425	☀ Mon - Fri Aug 11 - 15	8:30 am - 12:00 pm	\$125.00

WEEK 2

AFTERNOON CAMP

Scotia Bank Room

CODE	DATE	TIME	FEE
17406	☀ Mon - Thu Jul 7 - 10	1:00 - 4:30 pm	\$100.00

NATURE BUFFS

Explore, discover, and connect with nature! We will embark on daily nature walks, outdoor scavenger hunts, enjoy themed days like Bug Day, Tree Day, and Animal Day.

WEEK 8

MORNING CAMP

Scotia Bank Room

CODE	DATE	TIME	FEE
17439	☀ Mon - Fri Aug 18 - 22	8:30 am - 12:00 pm	\$125.00

WEEK 1

AFTERNOON CAMP

Scotia Bank Room

CODE	DATE	TIME	FEE
17424	☀ Mon - Thu Jun 30 - Jul 3	1:00 - 4:30 pm	\$75.00

No Camp Jul 1

Discovery Camps

Note: Camps are divided into two different age groups, to help account for staff to child ratios required for day trips.

Ages 6 - 7* & 8 - 11 years**

Discovery camps are held at the Fort Saskatchewan Golf & Curling Club. All camps run 8:30 am - 4:30 pm, Monday - Thursday.

All camps end at 1:00 pm on Friday for staff training and program planning.

READY, SET, SUMMER!

Join us for an unforgettable summer adventure! From arts and crafts to sports, Nerf wars, and old-fashioned games, there's something for everyone! This camp offers a variety of activities designed to keep kids engaged, active, and having fun.

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17417* / 17450**	☀ Jun 30 - Jul 4	Tue - Thu, 8:30 am - 4:30 pm	\$190.00
		Fri, 8:30 am - 1:00 pm	

No Camp Jul 1

EVERYTHING ANIMALS

Share your love for animals this week through arts and crafts. Create animal masks, paint wildlife scenes, and build birdhouses. Enjoy some surprise visits from furry friends and fun outdoor activities like scavenger hunts, nature games, and obstacle courses, all with an animal twist. Our day trips this week will take us to the Edmonton Valley Zoo and the John Janzen Nature Centre.

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17451* / 17429**	☀ Jul 7 - 11	Mon - Thu, 8:30 am - 4:30 pm	\$240.00
		Fri, 8:30 am - 1:00 pm	

BEACH BLAST

Get Ready for a sun-soaked adventure! This week is jammed with water fun, sand everywhere, and not one but two trips to Elk Island National Park. You can let your creativity shine with beach-themed arts and crafts, making seashell jewelry, sand art, and ocean-inspired paintings.

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17452* / 17434**	☀ Jul 14 - 18	Mon - Thu, 8:30 am - 4:30 pm	\$240.00
		Fri, 8:30 am - 1:00 pm	

CONSTRUCTION ZONE

Build, create, and innovate! Dive into hands-on building projects using wood, cardboard, and other materials. Create everything from birdhouses to mini bridges! Combine creativity and construction with arts and crafts. Find inspiration from our two-day trips this week at the Telus World of Science and the Ukrainian Cultural Heritage Village.

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17448* / 17402**	☀ Jul 21 - 25	Mon - Thu, 8:30 am - 4:30 pm	\$240.00
		Fri, 8:30 am - 1:00 pm	

MID-SUMMER MIX UP

This week has us thinking summer is half over or only halfway started. Either way, let's kick it into full gear with Nerf Wars 2.0, Christmas in July, and a fun-filled day trip to the Royal Alberta Museum.

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17455* / 17446**	☀ Jul 28 - Aug 1	Mon - Thu, 8:30 am - 4:30 pm	\$240.00
		Fri, 8:30 am - 1:00 pm	

WATER PALOOZA

Get ready for a week of nonstop water action! Swimming, sprinklers, slip-and-slides, water balloon fights, and a day trip to Millennium Place—we'll have all your water adventures covered!

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17449* / 17410**	☀ Aug 5 - 8	Tue - Thu, 8:30 am - 4:30 pm	\$190.00
		Fri, 8:30 am - 1:00 pm	

CARNIVAL KRAZE

Step right up for a week of FUN and Excitement! Enjoy classic carnival games like ring toss, balloon darts, and bean bag toss. Win prizes and have a blast with your friends! We'll keep the fun going all week long with our day trips to Fort Edmonton Park and the Edmonton Corn Maze.

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17453* / 17435**	☀ Aug 11 - 15	Mon - Thu, 8:30 am - 4:30 pm	\$240.00
		Fri, 8:30 am - 1:00 pm	

NATURE BUFFS

Explore, discover, and connect with nature! We will embark on daily nature walks and outdoor scavenger hunts and enjoy themed days like Bug Day, Tree Day, and Animal Day. We will also have adventures at the University of Alberta Botanic Garden and the John Janzen Centre.

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17454* / 17437**	☀ Aug 18 - 22	Mon - Thu, 8:30 am - 4:30 pm	\$240.00
		Fri, 8:30 am - 1:00 pm	



One Day Only Camps

*Ages 8 - 11 years

These specialized One Day Camps will not only get the kiddos out of the house for the day but gives a great alternative to having to sign up for a whole week-long camp.

All camps are 8:30 am - 4:30 pm and only held on the day and location as indicated.

*Age guidelines are in place for these camps to accommodate required staff to child ratios. *Day Trips are subject to change due to uncontrollable circumstances (ie; weather warnings). We will do our best to inform all campers as soon as possible should any last-minute changes arise.



NERF MANIA

All things Nerf will be the highlight of our day today! Be sure to pack and label your favourite guns, darts, and protective eyewear! Don't fret if you don't own any, we have spares!

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17403	Thu, Jul 3	8:30 am - 4:30 pm	\$50.00

EDMONTON VALLEY ZOO

Join us on our day trip, getting our steps in while visiting all the animals at the Edmonton Valley Zoo.

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17404	Tue, Jul 8	8:30 am - 4:30 pm	\$50.00

PETS, PETS, PETS!

This special day camp will have us visiting with creatures, learning all about caring for our favourite pets and making new furry friends.

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17407	Wed, Jul 9	8:30 am - 4:30 pm	\$50.00

JOHN JANZEN NATURE CENTRE

Our day will involve walking on the wild side, with some interactive exhibits designed to promote awareness and engagement with nature, all in an urban setting.

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17408	Thu, Jul 10	8:30 am - 4:30 pm	\$50.00
17544	Thu, Aug 21	8:30 am - 4:30 pm	\$50.00

ELK ISLAND NATIONAL PARK

Join us for a day trip playing in the sand, learning about the bison, and exploring around Elk Island National Park.

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17409	Tue, Jul 15	8:30 am - 4:30 pm	\$50.00
17414	Thu, Jul 17	8:30 am - 4:30 pm	\$50.00

WATER WARS

Come ready to fight for your dry clothes! What better way to discover team building than with water gun fights, water balloon fights, and a friendly slip-and-slide battle? Be sure to bring extra clothes and a bathing suit!

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17411	Wed, Jul 16	8:30 am - 4:30 pm	\$50.00

TELUS WORLD OF SCIENCE

Join us on our day trip exploring and adventuring around TELUS World of Science.

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17418	Tue, Jul 22	8:30 am - 4:30 pm	\$50.00

SCIENCE MANIA

Curiosity meets creativity today! We will be blending hands-on activities, collaborative challenges and lots of experiments that will keep everyone engaged and having fun all day long!

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17419	Wed, Jul 23	8:30 am - 4:30 pm	\$50.00

UKRAINIAN CULTURAL HERITAGE VILLAGE

We will hit the gravel road in today's day trip, touring the museum and historic buildings all around the Ukrainian Cultural Heritage Village.

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17420	Thu, Jul 24	8:30 am - 4:30 pm	\$50.00

NERF MANIA 2.0

Our day will be filled with Nerf battles, obstacle courses, and team-building activities! Be sure to pack and label your favourite guns, darts, and protective eyewear! Don't fret if you don't own any, we have spares!

West Rivers Edge

CODE	DATE	TIME	FEE
17427	Tue, Jul 29	8:30 am - 4:30 pm	\$50.00

One Day Only Camps

*Ages 8 - 11 years

These specialized One Day Camps will not only get the kiddos out of the house for the day but gives a great alternative to having to sign up for a whole week-long camp.

All camps are 8:30 am - 4:30 pm and only held on the day and location as indicated.

*Age guidelines are in place for these camps to accommodate required staff to child ratios. *Day Trips are subject to change due to uncontrollable circumstances (ie; weather warnings). We will do our best to inform all campers as soon as possible should any last-minute changes arise.

ROYAL ALBERTA MUSEUM

Join us on a day trip, exploring the past and learning as we make our way around the Royal Alberta Museum.

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17428	☀ Wed, Jul 30	8:30 am - 4:30 pm	\$50.00

CHRISTMAS IN JULY

Celebrate the magic of Christmas in the middle of summer at our Christmas in July day camp! Do you love the holiday season and want to experience the joy and excitement of Christmas all over again? Our camp is filled with festive activities, crafts, games, and treats that will make this summer unforgettable.

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17430	☀ Thu, Jul 31	8:30 am - 4:30 pm	\$50.00

MILLENNIUM PLACE

Join us on a day trip swimming, playing basketball, soccer, and hitting up the play structure at Millennium Place.

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17431	☀ Wed, Aug 6	8:30 am - 4:30 pm	\$50.00

WATER WARS 2.0

Have a splash-tastic day full of water games, friendly competitions, getting soaked head to toe, and having all out water fun!

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17432	☀ Thu, Aug 7	8:30 am - 4:30 pm	\$50.00

FORT EDMONTON PARK

We will enjoy our day with an interactive experience as we venture around the multi-attraction spaces that the Fort Edmonton Park provides.

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17433	☀ Tue, Aug 12	8:30 am - 4:30 pm	\$50.00



WACKY WATER DAY

This day is all about everything water. Sprinklers, slides, you name it, we got it! Pack your bathing suit for a day full of water fun!

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17436	☀ Wed, Aug 13	8:30 am - 4:30 pm	\$50.00

EDMONTON CORN MAZE

Join us in a fun-filled adventure while we explore all around the Corn Maze, checking out the farm animals, hopping on the jumping pillows and enjoying the great outdoors.

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17438	☀ Thu, Aug 14	8:30 am - 4:30 pm	\$50.00

UNIVERSITY OF ALBERTA BOTANIC GARDENS

This day camp will have us wandering through cultural gardens, viewing thousands of plant species, and sparking your connection with nature!

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17441	☀ Tue, Aug 19	8:30 am - 4:30 pm	\$50.00

SCAVENGER-MANIA

Pack your running shoes and get ready to test your brain and gathering skills as we venture out for a day full of hunting! You never know what fun treats and surprises we will discover!

Fort Saskatchewan Golf & Curling Club

CODE	DATE	TIME	FEE
17442	☀ Wed, Aug 20	8:30 am - 4:30 pm	\$50.00

Summer Sheep Shack **Pop Up & Play**

Summer Sheep Shack Pop Up and Plays are a **FREE** drop-in program for children and their families.

Our staff run a variety of games, activities, and crafts alongside open-ended free play to keep kids active and entertained. They also get back to basics with natural outdoor exploring and using their imaginations.

Who is it for?

All kids and families are welcome; best suited for children nine and under. Any children under the age of 6 must be accompanied and supervised by an adult (or a responsible person 14 years of age or older).

What do we do?

Crafts, games, activities, and have the BEST day ever!

Where is it?

Nature's Playground; located behind the Fort Heritage Precinct; 10006 100 Ave. Fort Saskatchewan.

When is it?

DATE	TIME
◆ Sat, Jun 7	11:00 am - 2:00 pm
◆ Thu, Jun 12	5:00 - 7:00 pm
◆ Sat, Jun 21	10:00 am - 12:00 pm
● Thu, Jun 26	5:00 - 7:00 pm
● Sat, Jul 5	10:00 am - 12:00 pm
● Thu, Jul 10	5:00 - 7:00 pm
● Sat, Jul 19	10:00 am - 12:00 pm
● Thu, Jul 24	5:00 - 7:00 pm
● Thu, Aug 7	5:00 - 7:00 pm
● Sat, Aug 16	10:00 am - 12:00 pm
● Thu, Aug 21	5:00 - 7:00 pm
● Sat, Aug 30	10:00 am - 12:00 pm



Watch for schedule updates and details on our Dow Centennial Centre Facebook page.



CITY OF
FORT SASKATCHEWAN