

### **2024 Impact Report**

The FCSS philosophy is based on a belief that self-help contributes to a sense of integrity, self-worth and independence. Programs developed are intended to help individuals in their community to adopt healthy lifestyles, thereby improving the quality of life and building the capacity to prevent and/or deal with crisis situations should they arise.

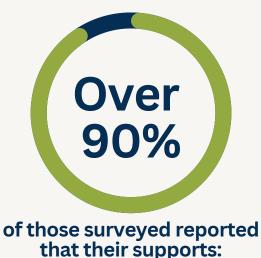
#### **Youth Outreach Program**

265 School Visits Across 6 Schools 277 Office, Home, and Community Visits 285 Agency Connections 566 Family Support Connections 290 Participants

### Youth & Family Support Program

Youth Council & Advisory Committee
Party Program
Pride Events
In School Groups

2325
Participants



#### **Senior Services**

Direct Supports
Community Groups
Volunteer Involvement

4575
Participants

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Connected them to resources.

Helped them meet community members and connect to others.



Positively contributed to their overall personal well-being.

### **Community Engagement Programs**

Community Education Connection Events Mental Health Week 2178
Participants

### **Counselling Program**

Counselling Sessions
Information and Supported Referrals

1721
Participants

## 92%

**Home Support** 

In-home Services
Additional Family Supports

170 Participants of program outcomes from surveyed participants were associated with positive change.

## FCSS Provincial Program Funding Support to External Organizations

Diversity Education and Awareness Program

2500

**Participants** 

Accessibility and Inclusive Supports

800

Participants

Navigation Support

271

Participants

Youth Education Supports

1263

**Participants** 

### **Current FCSS Provincial Initiatives & Priorities**



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This was an incredible conference, I made a lot of great connections and learned new things I will apply in my work. I hope you host another one next year!

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I really appreciate the information sessions provided to the community, also knowing there is someone we can contact for assistance. Thank you.

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Thank you so much for giving them courage to recognize their strengths and tools.

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We see huge improvements with her for the rest of the week after your visits. She has made great strides with this program.



